

COSHH RISK ASSESSMENT & CONTROL

"Managing Hazardous Substances Safely for Compliance and Workplace Safety"

Schedule

Date	Venue	Fees (Online)
10 - 11 November 2026	Online	USD 700 per delegate

► **Available delivery methods:** Face-to-Face & Online Training

Introduction

Control of Substances Hazardous to Health (COSHH) is a vital requirement for protecting employees from hazardous chemicals and materials in the workplace. Effective risk assessment and control measures ensure compliance with regulations and safeguard health and safety.

This intensive 2-day online program equips participants with practical knowledge to identify hazardous substances, assess associated risks, and implement control measures effectively. Participants will gain skills to carry out COSHH assessments, maintain compliance, and foster a safer working environment.

Objectives

By the end of this course, participants will be able to:

- Understand COSHH regulations and their importance in workplace safety
- Identify hazardous substances and assess associated risks
- Implement effective control measures to minimize exposure
- Conduct COSHH risk assessments systematically
- Develop and maintain COSHH documentation and safety procedures
- Promote a safe and compliant work environment

Why Attend

- Ensure compliance with COSHH regulations and legal obligations
- Gain practical skills in risk assessment and hazard control
- Improve workplace health and safety standards
- Reduce incidents, accidents, and occupational illnesses
- Strengthen professional expertise in chemical safety management

Target Audience

This program is designed for:

- Health, Safety & Environment (HSE) professionals
- Safety officers and engineers
- Facility managers and supervisors handling hazardous substances
- Employees responsible for compliance and workplace safety
- Professionals seeking practical skills in COSHH risk management

Individual Benefits

Key competencies that will be developed include:

- COSHH regulation knowledge and compliance understanding
- Hazard identification and risk assessment skills
- Implementation of effective control measures
- Development of COSHH documentation and safe work practices
- Ability to monitor and improve workplace safety performance

Organizational Benefits

Upon completing the training course, participants will demonstrate:

- Reduced workplace exposure to hazardous substances
- Compliance with legal and regulatory requirements
- Improved safety culture and risk management processes
- Effective documentation and record-keeping for hazardous substances
- Minimization of accidents, incidents, and related costs

Instructional Methodology

The course follows a blended learning approach combining theory with practice:

- Strategy Briefings - Overview of COSHH regulations and principles of risk assessment
- Case Studies - Examples of workplace hazards and effective control strategies
- Workshops - Hands-on exercises to conduct risk assessments and implement controls
- Peer Exchange - Group discussions on challenges and solutions in hazardous substance management
- Tools - COSHH assessment templates, control checklists, and safety documentation

Course Outline

Detailed 2-Day Course Outline

Training Hours: 07:30 AM – 03:30 PM Daily Format: 3–4 Learning Modules Coffee Breaks: 09:30 & 11:15 Lunch Break: 01:00 – 02:00

Day 1: Introduction to COSHH and Hazard Identification

Module 1: COSHH Regulations Overview (07:30 – 09:30)

- Legal requirements and compliance standards
- Responsibilities of employers and employees

Module 2: Hazard Identification (09:45 – 11:15)

- Types of hazardous substances and workplace exposure

Module 3: Risk Assessment Techniques (11:30 – 01:00)

- Assessing the severity and likelihood of risks

Module 4: Workshop & Exercises (02:00 – 03:30)

- Practical hazard identification and assessment exercises

Day 2: Risk Control and Management

Module 1: Implementing Control Measures (07:30 – 09:30)

- Hierarchy of controls: elimination, substitution, engineering, administrative, PPE

Module 2: Documentation and Compliance (09:45 – 11:15)

- COSHH records, safety data sheets, and workplace procedures

Module 3: Monitoring and Review (11:30 – 01:00)

- Ensuring ongoing compliance and improvement

Module 4: Final Workshop & Action Plan (02:00 – 03:30)

- Conducting complete COSHH risk assessments and preparing control plans

Certification

Participants will receive a Certificate of Completion in COSHH Risk Assessment & Control, validating their expertise in assessing and managing hazardous substances for workplace safety and regulatory compliance.

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