

20 INEFFECTIVE (UNRECOGNIZED) HABITS OF HIGHLY SUCCESSFUL LEADERS PROGRAM

“Identify and Overcome Hidden Habits That Hinder Leadership Success”

Schedule

Date	Venue	Fees (Face-to-Face)
26 - 27 Aug 2026	Riyadh, KSA	USD 1,995 per delegate

► **Available delivery methods:** Face-to-Face & Online Training

Introduction

Even highly successful leaders may unknowingly engage in habits that limit their potential and effectiveness. This course uncovers the hidden and often unrecognized behaviors that can undermine leadership performance, team productivity, and organizational growth. Participants will gain insights into identifying these ineffective habits and learn practical strategies to replace them with productive behaviors that drive results.

Through interactive sessions, case studies, and self-assessment exercises, leaders will develop the skills to enhance their decision-making, communication, and influence. The program equips participants with actionable tools to foster high-performing teams, improve personal effectiveness, and elevate organizational impact.

Objectives

By the end of this course, participants will be able to:

- Recognize unproductive habits that hinder leadership effectiveness.
- Analyze the impact of hidden behaviors on team performance and organizational success.
- Implement strategies to replace ineffective habits with results-oriented practices.
- Enhance self-awareness, decision-making, and communication skills.
- Develop a personal action plan to sustain effective leadership behaviors.

Why Attend

- Identify leadership blind spots that may be limiting your potential.
- Learn practical strategies to overcome counterproductive habits.
- Improve personal productivity and team performance.
- Enhance influence, credibility, and organizational impact.
- Gain insights from real-world leadership examples and peer experiences.

Target Audience

This program is designed for:

- Senior executives, managers, and team leaders
- Emerging leaders and high-potential employees
- HR professionals and organizational development specialists
- Professionals responsible for team performance and leadership development

Individual Benefits

Key competencies that will be developed include:

- Improved self-awareness and identification of hidden leadership habits.
- Enhanced decision-making and problem-solving capabilities.
- Stronger communication, influence, and conflict management skills.
- Ability to cultivate high-performing teams.
- Personal strategies to replace ineffective habits with productive behaviors.

Organizational Benefits

Upon completing the training course, participants will demonstrate:

- Increased team engagement and productivity.
- Stronger alignment of leadership behaviors with organizational goals.
- Reduced operational inefficiencies caused by counterproductive leadership habits.
- Enhanced organizational culture and employee morale.
- Improved succession planning through better leadership practices.

Instructional Methodology

The course follows a blended learning approach combining theory with practice:

- Strategy Briefings - Explore leadership principles and common hidden habits.
- Case Studies - Analyze real-world leadership challenges and successes.
- Workshops - Hands-on exercises to identify personal habits and behavioral patterns.
- Peer Exchange - Group discussions and feedback on leadership practices.
- Tools - Templates for self-assessment, action planning, and habit tracking.

Course Outline

DETAILED 2-DAY COURSE OUTLINE

Training Hours: 7:30 AM – 3:30 PM Daily Format: 3–4 Learning Modules | Coffee breaks: 09:30 & 11:15 | Lunch Buffet: 01:00 – 02:00

Day 1: Understanding Leadership Habits and Their Impact

Module 1: Leadership Effectiveness and Hidden Habits (07:30 – 09:30)

- Overview of leadership effectiveness and performance indicators
- Identifying unrecognized habits that limit leadership impact
- The psychological and organizational effects of ineffective habits

Module 2: Common Ineffective Habits (09:45 – 11:15)

- Analysis of the top 10 hidden counterproductive behaviors
- Case studies of leadership failures and lessons learned
- Self-assessment exercises to identify personal habits

Module 3: Overcoming Communication and Decision-Making Pitfalls (11:30 – 01:00)

- Improving communication, delegation, and decision-making skills
- Strategies to replace ineffective habits with positive practices

Module 4: Leadership Self-Awareness and Reflection (02:00 – 03:30)

- Tools for continuous self-assessment and reflection
- Creating a personal leadership improvement plan

Day 2: Transforming Leadership Habits into High Performance

- Module 1: Enhancing Team Influence and Engagement
- Module 2: Strategic Thinking and Problem-Solving Techniques
- Module 3: Sustaining Behavioral Change for Long-Term Leadership Success
- Module 4: Action Planning Workshop and Peer Feedback

Certification

Participants will receive a Certificate of Completion in Leadership and Management, validating their understanding of ineffective leadership habits and mastery of strategies to enhance leadership effectiveness and team performance.

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