

CONSTRUCTION DESIGN & MANAGEMENT (CDM) REGULATIONS

"Enhancing Safety and Compliance in Construction Projects"

Schedule

Date	Venue	Fees (Online)
15 - 16 Jun 2026	Online	USD 700 per delegate

► **Available delivery methods:** Face-to-Face & Online Training

Introduction

The Construction (Design & Management) Regulations are crucial for ensuring safety, health, and welfare in construction projects. This course provides participants with a comprehensive understanding of CDM regulations, their responsibilities, and practical strategies to implement safe and compliant construction practices. Attendees will learn to manage risks, coordinate stakeholders, and integrate health and safety requirements throughout the project lifecycle.

Through interactive online sessions, case studies, and practical exercises, participants will gain the knowledge to manage construction projects safely and efficiently. The course emphasizes proactive safety planning, compliance with legal requirements, and fostering a culture of accountability among project teams.

Objectives

By the end of this course, participants will be able to:

- Understand the key principles and requirements of CDM regulations.
- Identify responsibilities of clients, designers, and contractors under CDM.
- Implement risk assessments and safety management procedures.
- Coordinate stakeholders to ensure compliance and effective communication.
- Apply best practices for safe construction project planning and execution.
- Promote a culture of safety and continuous improvement in construction projects.

Why Attend

Participants should attend this course to:

- Gain practical knowledge of CDM regulations and compliance requirements.
- Learn how to manage construction risks and ensure project safety.
- Understand roles and responsibilities of all parties in construction projects.
- Enhance safety culture and accountability among project teams.
- Apply best practices to reduce accidents, delays, and regulatory issues.

Target Audience

This program is designed for:

- Construction managers and project managers
- Site engineers and supervisors
- Safety officers and coordinators
- Architects, designers, and planners involved in construction projects
- Professionals responsible for compliance and construction safety

Individual Benefits

Key competencies that will be developed include:

- Understanding CDM regulatory requirements and responsibilities
- Conducting risk assessments and implementing safety measures
- Coordinating project stakeholders for safety compliance
- Planning and monitoring safe construction activities
- Promoting health, safety, and welfare on construction sites

Organizational Benefits

Upon completing the training course, participants will demonstrate:

- Enhanced compliance with CDM regulations
- Reduced accidents, incidents, and project delays
- Improved coordination and communication among project stakeholders
- Stronger safety culture and accountability within construction teams
- Efficient and safer project execution aligned with regulatory standards

Instructional Methodology

The course follows a blended online learning approach combining theory with practical application:

- Strategy Briefings – Overview of CDM regulations, roles, and responsibilities
- Case Studies – Examples of compliant and non-compliant construction projects
- Workshops – Interactive exercises for risk assessment and safety planning
- Peer Exchange – Group discussions on challenges, lessons learned, and best practices
- Tools – Templates for safety plans, risk assessments, and project compliance tracking

Course Outline

Detailed 2-Day Course Outline

Training Hours: 9:00 AM - 5:00 PM Daily Format: 3-4 Learning Modules | Online Breaks: 11:00 & 03:00

Day 1: Understanding CDM Regulations and Responsibilities

Module 1: Introduction to CDM Regulations (09:00 - 11:00)

- Overview of CDM regulations and objectives
- Key roles and responsibilities of clients, designers, and contractors
- Legal and regulatory implications

Module 2: Risk Assessment and Safety Planning (11:15 - 01:00)

- Identifying hazards in construction projects
- Conducting risk assessments and developing mitigation strategies
- Integrating safety into project planning and design

Day 2: Implementation and Compliance Management

Module 3: Stakeholder Coordination and Communication (01:45 - 03:00)

- Effective coordination between project stakeholders
- Communication strategies for compliance and safety management
- Roles in monitoring and enforcement

Module 4: Best Practices and Continuous Improvement (03:15 - 05:00)

- Case studies on successful CDM implementation
- Lessons learned and common pitfalls
- Action planning for ongoing compliance and safety improvement

Certification

Participants will receive a Certificate of Completion in Construction Design & Management (CDM) Regulations, validating their expertise in implementing CDM requirements, managing construction risks, and ensuring safe and compliant project execution.

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