

WOMEN IN LEADERSHIP: IMPACT THROUGH SELF AWARENESS

“Empower Your Leadership by Understanding Yourself and Inspiring Others.”

Schedule

Venue (InHouse)	Fees
At Your Organization Premises	Ask For The Quotation

► **Available delivery methods:** In-House Training

Introduction

In today’s dynamic business environment, self-aware women leaders drive organizational success and inspire teams effectively. This course helps participants understand their strengths, manage challenges, and leverage personal leadership styles to maximize impact. Through interactive sessions, reflective exercises, and case studies, participants will develop emotional intelligence, improve decision-making, and enhance leadership presence, enabling them to lead with confidence and authenticity.

Objectives

By the end of this course, participants will be able to:

- Recognize personal leadership styles and strengths.
- Enhance emotional intelligence and self-awareness.
- Build confidence in decision-making and influencing others.
- Manage stress, conflicts, and workplace challenges effectively.
- Communicate assertively and inspire teams.
- Develop a personal action plan to strengthen leadership impact.

Why Attend

Women leaders face unique challenges in balancing professional demands and personal growth. This course empowers participants to unlock their leadership potential, build resilience, and influence organizational outcomes positively.

Target Audience

This course is suitable for:

- Emerging and established women leaders
- Managers and team leaders seeking personal growth
- Professionals aspiring for leadership roles
- HR professionals supporting women leadership programs
- Anyone interested in enhancing self-awareness and leadership effectiveness

Individual Benefits

- Gain deep insights into personal leadership style and behaviors.
- Improve communication, negotiation, and influencing skills.
- Enhance self-confidence and presence in professional settings.
- Learn strategies to handle workplace challenges and conflicts.
- Create a personal roadmap for continuous leadership development.

Organizational Benefits

- Foster stronger, more effective women leaders within the organization.
- Improve team performance, engagement, and collaboration.
- Promote diversity, inclusion, and leadership development culture.
- Build a resilient and confident leadership pipeline.
- Enhance organizational impact through empowered leaders.

Instructional Methodology

- Interactive instructor-led sessions
- Self-assessment tools and reflective exercises
- Role-plays and leadership simulations
- Case studies of successful women leaders
- Group discussions and peer coaching
- Action planning and feedback sessions

Course Outline

- Module 1: Understanding Self-Awareness in Leadership
- Module 2: Identifying Strengths, Weaknesses, and Personal Leadership Styles
- Module 3: Emotional Intelligence for Women Leaders
- Module 4: Effective Communication and Influencing Skills
- Module 5: Managing Workplace Challenges and Conflicts
- Module 6: Building Confidence and Executive Presence
- Module 7: Decision-Making and Strategic Thinking
- Module 8: Leadership Resilience and Stress Management
- Module 9: Case Studies of Impactful Women Leaders
- Module 10: Personal Action Plan – Enhancing Leadership Impact

Certification

Upon successful completion, participants will receive a Certificate in Women in Leadership: Impact Through Self-Awareness, validating their ability to lead with confidence, authenticity, and measurable impact within their organizations.

Why Choose MAWA Events

- **Global Expertise:** More than 17 years of experience in professional training and consulting.
- **Industry-Leading Faculty:** Courses delivered by seasoned professionals with hands-on experience.
- **Practical Insights:** Learn to turn theory into actionable strategies for real-world business impact.
- **Client-Focused Solutions:** Customized programs designed to achieve your organisation’s unique goals.

In-House / Customized Training Interested in running this course for your team? Please contact us:	TEL: +601116373203	EMAIL: info@mawaevents.net
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