

## LEADING WITH AGILITY AND RESILIENCE

*“Empower Leaders to Navigate Change, Overcome Challenges, and Inspire High-Performing Teams.”*

### Schedule

Venue (InHouse)	Fees
At Your Organization Premises	Ask For The Quotation

### Introduction

In today’s rapidly evolving business environment, leaders must be agile and resilient to respond effectively to uncertainty, disruptions, and complex challenges. This course focuses on developing leadership capabilities that combine strategic agility with personal and team resilience to achieve sustainable success.

Participants will explore how to anticipate change, make adaptive decisions, lead through adversity, and foster resilient, high-performing teams. Through interactive exercises, case studies, and practical tools, attendees will gain hands-on experience in enhancing their leadership effectiveness in dynamic environments.

### Objectives

By the end of this course, participants will be able to:

- Understand the principles of agile and resilient leadership.
- Develop skills to lead through change and uncertainty effectively.
- Build personal resilience and foster resilience within teams.
- Make adaptive, informed, and timely decisions in dynamic situations.
- Inspire, motivate, and engage teams during periods of change.
- Navigate challenges and setbacks with confidence and composure.
- Promote a culture of continuous learning, collaboration, and innovation.
- Apply strategies to sustain high performance under pressure.

## Why Attend

Agile and resilient leaders are essential for organizational success in today's volatile, uncertain, complex, and ambiguous (VUCA) world. This course equips participants with practical strategies to lead effectively, respond to change proactively, and develop resilient teams that can thrive under pressure.

## Target Audience

This course is suitable for:

- Senior Managers, Department Heads, and Team Leaders
- Emerging Leaders and High-Potential Professionals
- HR and Learning & Development Professionals
- Project Managers and Operations Leaders
- Professionals responsible for leading teams in dynamic and challenging environments

## Individual Benefits

- Enhance personal resilience and agility in decision-making.
- Develop skills to lead teams effectively during change and uncertainty.
- Strengthen emotional intelligence and stress management capabilities.
- Improve problem-solving, adaptability, and strategic thinking.
- Gain confidence in navigating complex and high-pressure situations.
- Build a toolkit for inspiring, motivating, and engaging teams.
- Increase professional credibility and leadership effectiveness.

## Organizational Benefits

- Strengthen leadership capacity to manage change and disruption.
- Enhance team performance, collaboration, and engagement.
- Promote a resilient organizational culture capable of overcoming challenges.
- Improve decision-making agility across leadership levels.
- Support innovation, adaptability, and continuous improvement initiatives.
- Reduce risk of burnout and increase workforce retention.
- Align leadership practices with strategic organizational objectives.

## Instructional Methodology

The training uses an experiential and interactive approach through:

- Case studies and real-world leadership challenges
- Group exercises and team-based problem-solving
- Role-playing and scenario simulations for adaptive decision-making
- Facilitator-led discussions with continuous feedback and reflection
- Self-assessment and resilience-building exercises
- Development of personal leadership action plans

## Course Outline

- Module 1: Introduction to Agile and Resilient Leadership
- Module 2: Understanding VUCA Environments and Leadership Challenges
- Module 3: Building Personal Resilience and Emotional Agility
- Module 4: Adaptive Decision-Making and Problem-Solving
- Module 5: Leading High-Performing Teams in Change Situations
- Module 6: Fostering Innovation, Collaboration, and Continuous Learning
- Module 7: Stress Management and Maintaining Composure Under Pressure
- Module 8: Inspiring and Engaging Teams During Adversity
- Module 9: Strategies to Sustain Agility and Resilience in Leadership
- Module 10: Capstone Activity - Developing a Personal Leadership Agility and Resilience Plan

## Certification

Upon successful completion, participants will receive a Certificate in Leading with Agility and Resilience, recognizing their ability to lead adaptively, build resilient teams, and navigate organizational challenges effectively.

## Why Choose MAWA Events

- **Global Expertise:** More than 17 years of experience in professional training and consulting.
- **Industry-Leading Faculty:** Courses delivered by seasoned professionals with hands-on experience.
- **Practical Insights:** Learn to turn theory into actionable strategies for real-world business impact.
- **Client-Focused Solutions:** Customized programs designed to achieve your organisation's unique goals.

### In-House / Customized Training

Interested in running this course for your team?

Please contact us:

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