

HAPPINESS: SUSTAINING A MOTIVATING WORK CULTURE

“Foster Engagement, Well-Being, and Productivity Through a Positive Workplace Culture.”

Schedule

Venue (InHouse)	Fees
At Your Organization Premises	Ask For The Quotation

► **Available delivery methods:** In-House Training

Introduction

Employee happiness and workplace motivation are key drivers of productivity, innovation, and organizational success. This course explores the principles, strategies, and practical tools for creating and sustaining a motivating work culture where employees feel valued, engaged, and inspired.

The Happiness: Sustaining a Motivating Work Culture training focuses on understanding the psychology of happiness at work, recognizing factors that influence engagement, and implementing strategies to boost morale, collaboration, and overall well-being. Participants will engage in interactive exercises, case studies, and reflective activities to learn how to foster positivity and a supportive organizational environment.

Objectives

By the end of this course, participants will be able to:

- Understand the concept of workplace happiness and its impact on productivity.
- Identify key drivers of employee motivation and engagement.
- Learn practical techniques to foster positivity, recognition, and trust.
- Develop strategies for sustaining a motivating and inclusive work culture.
- Apply psychological insights to manage stress, enhance resilience, and boost well-being.
- Enhance team collaboration, communication, and morale.
- Promote a culture of appreciation, feedback, and continuous improvement.
- Measure and evaluate the impact of happiness initiatives on organizational performance.

Why Attend

A motivated and happy workforce is more productive, innovative, and committed to organizational goals. This course equips managers, HR professionals, and team leaders with actionable strategies to create a workplace that supports employee satisfaction, engagement, and retention. Whether you are leading a team or shaping organizational culture, this training provides insights to cultivate positivity and long-term motivation.

Target Audience

This course is suitable for:

- Human Resource Professionals
- Team Leaders and Managers
- Department Heads and Supervisors
- Organizational Development Specialists
- Employee Engagement Officers
- Team Members interested in improving workplace culture
- Anyone responsible for fostering a positive, motivating, and inclusive work environment

Individual Benefits

- Gain awareness of factors that influence happiness and motivation at work.
- Develop practical skills to improve personal and team well-being.
- Learn to foster a positive mindset and resilience in challenging situations.
- Enhance communication, collaboration, and leadership capabilities.
- Build stronger interpersonal relationships with colleagues.
- Increase job satisfaction and professional fulfillment.
- Improve productivity and performance through engagement strategies.

Organizational Benefits

- Boost employee engagement, morale, and retention rates.
- Enhance productivity, innovation, and overall organizational performance.
- Create a culture of recognition, appreciation, and trust.
- Strengthen teamwork and collaboration across departments.
- Reduce workplace stress, absenteeism, and conflicts.
- Build a sustainable culture that attracts and retains top talent.
- Support organizational values and mission through a positive workplace climate.

Instructional Methodology

The training uses a participatory and experiential approach through:

- Interactive presentations and discussions
- Case studies of successful motivating work cultures
- Role-playing exercises and group activities
- Self-assessment and reflective exercises
- Action planning for applying happiness initiatives in the workplace
- Continuous feedback and Q&A sessions to reinforce learning

Course Outline

- Module 1: Understanding Happiness and Motivation at Work
- Module 2: The Science and Psychology of Workplace Happiness
- Module 3: Key Drivers of Employee Engagement and Motivation
- Module 4: Creating a Culture of Recognition and Appreciation
- Module 5: Building Trust, Communication, and Collaboration
- Module 6: Strategies to Reduce Stress and Increase Resilience
- Module 7: Leadership Approaches to Sustain Motivation
- Module 8: Measuring and Evaluating Happiness Initiatives
- Module 9: Overcoming Challenges in Maintaining Motivation
- Module 10: Capstone Activity - Designing a Motivating Workplace Action Plan

Certification

Upon successful completion, participants will receive a Certificate in Happiness: Sustaining a Motivating Work Culture, recognizing their knowledge and practical skills in fostering engagement, well-being, and a positive organizational environment.

Why Choose MAWA Events

- **Global Expertise:** More than 17 years of experience in professional training and consulting.
- **Industry-Leading Faculty:** Courses delivered by seasoned professionals with hands-on experience.
- **Practical Insights:** Learn to turn theory into actionable strategies for real-world business impact.
- **Client-Focused Solutions:** Customized programs designed to achieve your organisation's unique goals.

In-House / Customized Training

Interested in running this course for your team?

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