

## ACTION CENTRED LEADERSHIP (ACL)

*“Develop Balanced Leadership Skills to Achieve Results, Build Teams, and Empower Individuals.”*

### Schedule

Venue (InHouse)	Fees
At Your Organization Premises	Ask For The Quotation

► **Available delivery methods:** In-House Training

### Introduction

Effective leadership requires balancing the achievement of tasks, the development of individuals, and the cohesion of teams. The Action Centred Leadership (ACL) model, developed by John Adair, provides a practical framework for leaders to manage these three core responsibilities simultaneously.

This course introduces participants to the principles of ACL, emphasizing the integration of task management, team building, and individual development. Through interactive exercises, case studies, and practical applications, participants will develop actionable leadership skills to enhance performance, foster collaboration, and empower team members.

### Objectives

By the end of this course, participants will be able to:

- Understand the principles and framework of Action Centred Leadership.
- Balance the three core responsibilities of leadership: achieving tasks, building teams, and developing individuals.
- Apply leadership techniques to motivate and guide teams effectively.
- Enhance communication, delegation, and decision-making skills.
- Identify and address team challenges and individual needs.
- Develop strategies to improve team performance and organizational outcomes.
- Use practical tools to monitor, evaluate, and adapt leadership approaches.
- Integrate ACL principles into everyday leadership practice for measurable results.

## Why Attend

Strong leadership is critical for organizational success. This course equips participants with a proven leadership framework to manage teams effectively, achieve objectives, and support the growth of individuals. Whether managing a small team or leading large projects, participants will gain actionable insights to enhance their leadership impact.

## Target Audience

This course is suitable for:

- Managers and Team Leaders
- Supervisors and Project Managers
- Aspiring Leaders and Professionals in Leadership Roles
- HR and Organizational Development Professionals
- Professionals seeking practical leadership frameworks and skills

## Individual Benefits

- Gain practical skills in task management, team building, and individual development.
- Enhance leadership, communication, and decision-making capabilities.
- Learn to motivate and inspire teams to achieve organizational goals.
- Increase professional value and leadership effectiveness.
- Develop confidence in handling team dynamics and challenges.
- Acquire a structured approach to leading individuals and teams successfully.

## Organizational Benefits

- Improve team performance and cohesion through effective leadership.
- Ensure alignment between individual development and organizational objectives.
- Enhance productivity and operational efficiency.
- Foster a culture of accountability, empowerment, and collaboration.
- Build internal leadership capabilities and succession planning pipelines.
- Support sustainable organizational growth through effective leadership practices.

## Instructional Methodology

The training employs a practical, interactive approach through:

- Interactive lectures on Action Centred Leadership concepts and frameworks
- Case studies and real-world examples of ACL application
- Role-playing and simulations to practice leadership skills
- Group exercises to enhance team collaboration and problem-solving
- Workshops focused on task management, delegation, and individual development
- Assignments and exercises to implement ACL principles in workplace scenarios
- Continuous feedback, coaching, and Q&A sessions

## Course Outline

- Module 1: Introduction to Action Centred Leadership – Principles and Importance
- Module 2: The Three Core Responsibilities of Leadership – Task, Team, Individual
- Module 3: Task Management – Planning, Organizing, and Achieving Goals
- Module 4: Team Building – Developing Cohesion, Collaboration, and Motivation
- Module 5: Individual Development – Coaching, Mentoring, and Supporting Growth
- Module 6: Communication Skills for Effective Leadership
- Module 7: Decision-Making and Delegation Techniques
- Module 8: Monitoring and Evaluating Team and Individual Performance
- Module 9: Addressing Challenges and Conflict Resolution in Teams
- Module 10: Capstone Exercise – Applying ACL to Real-World Leadership Scenarios

## Certification

Upon successful completion, participants will receive a Certificate in Action Centred Leadership (ACL), recognizing their ability to apply balanced leadership principles to manage tasks, develop individuals, and build high-performing teams effectively.

## Why Choose MAWA Events

- **Global Expertise:** More than 17 years of experience in professional training and consulting.
- **Industry-Leading Faculty:** Courses delivered by seasoned professionals with hands-on experience.
- **Practical Insights:** Learn to turn theory into actionable strategies for real-world business impact.
- **Client-Focused Solutions:** Customized programs designed to achieve your organisation's unique goals.

### In-House / Customized Training

Interested in running this course for your team?

Please contact us:

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