

PMP PREPARATION COURSE OUTLINE: 35 HOURS

"Accelerate your path to PMP® certification with a comprehensive, exam-focused training aligned with PMI's latest standards."

Schedule

Date	Venue	Fees (Face-to-Face)
13 - 17 Jul 2026	Kuala Lumpur, Malaysia	USD 3,495 per delegate

► **Available delivery methods:** Face-to-Face & Online Training

Introduction

The Project Management Professional (PMP®) certification is recognized worldwide as a gold standard for project managers. Based on the PMI Talent Triangle and the PMBOK® Guide (latest edition), this intensive 5-day course delivers 35 contact hours of training required to sit for the PMP® exam.

Designed by certified PMP® instructors, the course blends essential theory with practical exam strategies, real-life scenarios, and intensive mock testing. It prepares participants to confidently clear the PMP® exam and apply best practices to project planning, execution, monitoring, and leadership across industries.

Objectives

By the end of this course, participants will be able to:

- Understand PMI's project management framework and terminology
- Master the 3 PMP® exam domains: People, Process, and Business Environment
- Learn agile, hybrid, and predictive approaches to project management
- Build a project management mindset aligned with PMI principles
- Gain strategies for solving situational questions and managing exam time
- Fulfill the 35 contact hours of formal project management education

Why Attend

- Fulfill PMI's requirement of 35 hours of formal project management education
- Get step-by-step guidance to successfully pass the PMP® exam on the first attempt
- Learn from certified PMP® professionals with real-world project leadership experience
- Access sample questions, mock exams, and exam readiness assessments
- Enhance your project management competencies and career prospects globally

Target Audience

This program is designed for:

- Project managers and team leaders
- Professionals seeking PMP® certification
- PMO staff and project engineers
- Functional managers working on cross-functional projects
- Anyone with project experience aiming to validate their skills with a PMP® credential

Individual Benefits

Key competencies that will be developed include:

- Strong command of the PMP® exam content outline and structure
- Practical understanding of PMI's process groups and knowledge areas
- Enhanced project planning, execution, and leadership capabilities
- Ability to apply agile and hybrid methodologies confidently
- Readiness to pass the PMP® exam on the first try

Organizational Benefits

Upon completing the training course, participants will demonstrate:

- Alignment with globally accepted project management standards
- Improved project delivery performance and success rates
- Increased team leadership and stakeholder engagement capability
- Contribution to organizational maturity in project management practices

Instructional Methodology

The course follows a blended learning approach combining theory with practice:

- Strategy Briefings - Structured walkthroughs of PMP® exam content and domains
- Case Studies - Application of tools and techniques in real project scenarios
- Workshops - Exercises in planning, scheduling, risk management, and stakeholder analysis
- Peer Exchange - Group discussions on agile, hybrid, and traditional approaches
- Tools - Sample exam questions, formulas, brain dumps, and a mock exam simulator

MAWA EVENTS

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Course Outline

Detailed 5-Day Course Outline

Training Hours: 7:30 AM – 3:30 PM **Daily Format:** 3–4 Learning Modules | Coffee Breaks: 09:30 & 11:15 | Lunch Buffet: 01:00 – 02:00

Day 1: PMP® Certification Framework and People Domain

- Module 1: PMP® Certification Process Overview (07:30 – 09:30)
 - Eligibility, application, and exam format
 - PMI Talent Triangle: People, Process, Business Environment
- Module 2: Project Leadership and Team Performance
 - Leading teams, conflict resolution, servant leadership
 - Building a high-performing team
- Module 3: Stakeholder and Communication Management
 - Engaging stakeholders and team members
 - Effective communication strategies in agile and traditional settings

Day 2: Process Domain - Planning and Executing Projects

- Module 1: Scope, Schedule & Cost Management
 - Creating WBS, estimating durations, critical path method
 - Budgeting and earned value management basics
- Module 2: Risk, Quality, and Procurement
 - Risk identification, qualitative and quantitative analysis
 - Contract types and procurement planning
- Module 3: Executing Project Work
 - Acquiring resources, managing quality, and stakeholder engagement
 - Delivering value through iterative planning

Day 3: Business Environment & Agile Approaches

- Module 1: Business Value and Change Management
 - Aligning projects with organizational strategy
 - Managing project compliance and environmental factors
- Module 2: Agile and Hybrid Methodologies
 - Scrum, Kanban, Lean, SAFe – Agile mindset and artifacts
 - Tailoring life cycles and integrating hybrid models
- Module 3: Project Integration and Knowledge Transfer
 - Change requests, integration management
 - Knowledge sharing and lessons learned

Day 4: Exam Preparation and Mock Testing Strategies

- Module 1: Exam Blueprint and Content Breakdown
 - Analyzing the question types and scoring system
 - Mapping tasks to domains and enablers
- Module 2: PMP® Exam Question Types
 - Situational questions, formula-based questions, and drag-and-drop
 - Time management during the exam
- Module 3: Mock Exam Review and Gap Analysis
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Review of practice test results

- Strategies for improvement and last-mile preparation

Day 5: Final Review and Exam Readiness

- Module 1: PMP® Exam Formula Review
- Earned Value, PERT, float, communication channels
- Quick math review with problem-solving practice
- Module 2: Brain Dump and Flash Card Techniques
- Memorization strategies and exam-day tips
- Confidence boosters for test day
- Module 3: Final Mock Test Simulation
- 100-question timed simulation
- Feedback and exam readiness check

Certification

Participants will receive a Certificate of Completion for PMP® Exam Preparation (35 Contact Hours), fulfilling PMI's educational requirement for PMP® certification and validating their readiness to sit for the PMP® examination.

Why Choose MAWA Events

- **Global Expertise:** More than 17 years of experience in professional training and consulting.
- **Industry-Leading Faculty:** Courses delivered by seasoned professionals with hands-on experience.
- **Practical Insights:** Learn to turn theory into actionable strategies for real-world business impact.
- **Client-Focused Solutions:** Customized programs designed to achieve your organisation's unique goals.

In-House / Customized Training

Interested in running this course for your team?

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