

ENTER & WORK IN A CONFINED SPACE

“Work Smart, Work Safe — Master the Skills to Enter and Operate Safely in Confined Spaces.”

Schedule

Venue	Fees
In-House	ASK FOR THE QUOTATION

► **Available delivery methods:** In-House Training

Introduction

Confined spaces pose significant hazards, including toxic atmospheres, restricted access, and limited ventilation. This comprehensive 5-day course equips participants with the knowledge and practical skills required to **safely enter, work in, and exit confined spaces**, while ensuring full compliance with international health and safety standards. It includes hands-on training with gas detectors, PPE, entry permits, emergency equipment, and rescue procedures.

Objectives

By the end of this training, participants will be able to:

- Understand definitions, types, and hazards of confined spaces
- Conduct hazard assessments and atmospheric monitoring
- Complete and follow confined space entry permits
- Apply safe entry, work, and exit procedures
- Select and use appropriate PPE and respiratory protection
- Perform emergency response and rescue protocols

Why Attend

Confined space entry is one of the most dangerous activities in many industries. This course provides essential, life-saving knowledge and skills that ensure worker safety, legal compliance, and operational continuity.

Target Audience

- Maintenance and Operations Personnel
- Safety Officers and ERT Members
- Plant Engineers and Technicians
- Utility and Oil & Gas Field Workers
- Any personnel required to enter or manage confined space activities

Individual Benefits

- Gain hands-on certification in confined space entry
- Learn how to identify and control confined space hazards
- Increase safety awareness and confidence in high-risk environments
- Comply with OSHA/NEBOSH/ISO safety regulations

Organizational Benefits

- Ensure compliance with local and international safety laws
- Reduce incidents and near-misses related to confined spaces
- Improve risk management and safety culture
- Demonstrate duty of care to staff and regulators

Instructional Methodology

- Theory sessions with multimedia presentations
- Equipment demonstrations (tripods, gas monitors, SCBA)
- Practical simulations in confined space mock-ups
- Emergency drills and rescue planning
- Permit writing exercises and scenario-based assessments

Course Outline

DETAILED 5-DAY COURSE OUTLINE (CUSTOMIZABLE)

- Training Hours:** 7:30 AM – 3:30 PM
- Daily Format:** 3–4 Learning Modules | Coffee Breaks: 09:30 & 11:15 | Lunch Buffet: 01:00 – 02:00
- Day 1: Introduction & Legal Requirements**
- Module 1:** What is a Confined Space? Definitions & Types (07:30 – 09:30)
- Module 2:** Overview of Confined Space Hazards (09:45 – 11:15)
- Module 3:** International & Local Regulations (OSHA/NEBOSH) (11:30 – 01:00)
- Module 4:** Roles & Responsibilities (Entrant, Attendant, Supervisor) (02:00 – 03:30)
- Day 2: Hazard Identification & Atmospheric Testing**
- Module 1:** Identifying Atmospheric, Mechanical & Physical Hazards (07:30 – 09:30)
- Module 2:** Gas Detection Principles & Monitoring Devices (09:45 – 11:15)
- Module 3:** Using Multi-Gas Monitors & Interpreting Results (11:30 – 01:00)
- Module 4:** PPE Selection & Respiratory Protection (SCBA) (02:00 – 03:30)
- Day 3: Entry Planning & Permit Systems**
- Module 1:** Confined Space Entry Procedures & Controls (07:30 – 09:30)
- Module 2:** Lockout/Tagout (LOTO) Procedures (09:45 – 11:15)
- Module 3:** Entry Permits: Creation, Review & Authorization (11:30 – 01:00)
- Module 4:** Pre-Entry Checklist & Equipment Preparation (02:00 – 03:30)
- Day 4: Rescue Planning & Emergency Response**
- Module 1:** Emergency Scenarios & Response Planning (07:30 – 09:30)
- Module 2:** Communication Systems & Signaling (09:45 – 11:15)
- Module 3:** Non-Entry vs. Entry Rescue Methods (11:30 – 01:00)
- Module 4:** Live Rescue Drill with Tripod and Winch (02:00 – 03:30)
- Day 5: Practical Evaluation & Certification**
- Module 1:** Full Confined Space Entry Simulation (07:30 – 09:30)
- Module 2:** Risk Assessment & Permit Paperwork (09:45 – 11:15)
- Module 3:** Written Test and Practical Skills Assessment (11:30 – 01:00)
- Module 4:** Debriefing, Review, and Certificate Distribution (02:00 – 03:30)

Certification

Participants will be awarded a **Confined Space Entry & Work Certification** (aligned with OSHA 29 CFR 1910.146 or equivalent international standard), valid for **2–3 years** depending on regulatory jurisdiction. Certificate includes both **theoretical** and **practical competency** evaluation.

Why Choose MAWA Events

- **Global Expertise:** More than 17 years of experience in professional training and consulting.
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In-House / Customized Training Interested in running this course for your team? Please contact us:	TEL: +601116373203	EMAIL: info@mawaevents.net
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