

WHS SLIPS, TRIPS & FALLS AWARENESS

“Prevent the most common workplace injuries by recognizing and eliminating slip, trip, and fall hazards.”

Schedule

Venue	Fees
In-House	ASK FOR THE QUOTATION

► **Available delivery methods:** In-House Training

Introduction

Slips, trips, and falls are among the leading causes of workplace injury across industries. This awareness course is designed to help employees and supervisors understand the causes, consequences, and prevention methods for these incidents. It focuses on real-world applications of hazard identification, risk assessment, and environmental controls to create safer work environments.

Objectives

- By the end of this course, participants will be able to:
- Define slips, trips, and falls and their impact in the workplace
 - Identify common environmental and behavioral risk factors
 - Understand workplace health and safety (WHS) obligations
 - Implement control measures and housekeeping practices
 - Report and investigate slip/trip incidents effectively

Why Attend

Accidents related to slips and trips can lead to serious injuries and lost productivity. This course empowers workers to take proactive steps in **preventing avoidable incidents** and helps organizations maintain **compliance** with WHS standards.

Target Audience

- General workforce in industrial, construction, retail, and office environments
- Site supervisors and team leaders
- HSE personnel and safety officers
- Maintenance and janitorial teams
- New staff undergoing WHS induction

Individual Benefits

- Develop practical hazard awareness
- Learn how to prevent personal injuries
- Contribute to a safer team environment
- Understand legal safety obligations

Organizational Benefits

- Reduce incident rates and workers' compensation claims
- Boost safety culture and employee morale
- Enhance compliance with workplace safety laws
- Lower downtime and productivity loss

Instructional Methodology

- Interactive trainer-led discussions
- Case studies and workplace photos
- Hazard identification walkthroughs
- WHS compliance exercises
- Short assessments and quizzes

Course Outline

DETAILED 5-DAY COURSE OUTLINE (CUSTOMIZABLE)

Training Hours: 7:30 AM – 3:30 PM

Daily Format: 3–4 Learning Modules | Coffee Breaks: 09:30 & 11:15 | Lunch Buffet: 01:00 – 02:00

Day 1: Understanding Slips, Trips, and Falls

Module 1: Introduction to WHS and Common Incident Statistics (07:30 – 09:30)

Module 2: Definitions and Causes of Slips, Trips, and Falls (09:45 – 11:15)

Module 3: Environmental and Human Risk Factors (11:30 – 01:00)

Module 4: Injury Outcomes and Legal Responsibilities (02:00 – 03:30)

Day 2: Identifying and Assessing Hazards

Module 1: Site Walkthrough – Common Hazards in Real Workplaces (07:30 – 09:30)

Module 2: Floor Surfaces, Lighting, and Obstructions (09:45 – 11:15)

Module 3: Footwear and Ergonomic Factors (11:30 – 01:00)

Module 4: Conducting a Risk Assessment Workshop (02:00 – 03:30)

Day 3: Prevention and Controls

Module 1: Housekeeping and Cleaning Protocols (07:30 – 09:30)

Module 2: Engineering and Administrative Controls (09:45 – 11:15)

Module 3: Maintenance Schedules and Inspection Checklists (11:30 – 01:00)

Module 4: Ladder and Step Usage Safety (02:00 – 03:30)

Day 4: Procedures, Reporting, and Compliance

Module 1: Incident Reporting and Investigation (07:30 – 09:30)

Module 2: Safety Signage and Visual Cues (09:45 – 11:15)

Module 3: Developing Safe Work Method Statements (SWMS) (11:30 – 01:00)

Module 4: Real-World Case Studies: Lessons Learned (02:00 – 03:30)

Day 5: Review, Site Application & Assessment

Module 1: Recap of Key Concepts and Interactive Quiz (07:30 – 09:30)

Module 2: Risk Spotting Activity in a Simulated Work Area (09:45 – 11:15)

Module 3: Final Written Assessment (11:30 – 01:00)

Module 4: Participant Feedback and Certificate Distribution (02:00 – 03:30)

Certification

Participants who complete the course and pass the final assessment will receive a **Certificate of Awareness in WHS Slips, Trips & Falls**, valid for 2 years (subject to organization policy).

Why Choose MAWA Events

- **Global Expertise:** More than 17 years of experience in professional training and consulting.
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In-House / Customized Training Interested in running this course for your team? Please contact us:	TEL: +601116373203	EMAIL: info@mawaevents.net
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