

SAFETY BASICS

"Build a Strong Foundation for Workplace Safety and Hazard Awareness."

Schedule

Venue (InHouse)	Fees
At Your Organization Premises	Ask For The Quotation

► **Available delivery methods:** Face-to-Face & Online Training, In-House Training

Introduction

"Safety Basics" is an essential training course designed to introduce employees, contractors, and entry-level professionals to the core principles of occupational safety and health. With a practical, hands-on approach, this course empowers participants to recognize workplace hazards, apply basic risk controls, follow standard safety procedures, and contribute to a safer work environment. It is ideal for onboarding, refresher training, or those new to industrial or field-based work.

Objectives

By the end of this course, participants will be able to:

- Understand key safety terms and concepts
- Recognize common workplace hazards
- Apply basic safety procedures and PPE requirements
- Follow site-specific safety instructions and signage
- Report incidents, near-misses, and unsafe practices
- Participate in safety meetings and contribute to hazard prevention

Why Attend

- Learn how to protect yourself and others from avoidable incidents
- Develop confidence to work safely in unfamiliar or changing environments
- Become a proactive safety contributor, not just a rule follower
- Gain knowledge that helps meet legal and employer safety expectations

Target Audience

- Entry-level employees in any industry
- Apprentices, interns, and new hires
- Contractors and temporary workers
- Anyone needing a refresher in workplace safety basics

Individual Benefits

- Gain personal awareness of jobsite risks and safety protocols
- Learn to properly use PPE and report hazards
- Build habits that reduce injuries and increase job performance
- Receive a certificate that adds value to your professional credentials

Organizational Benefits

- Foster a strong safety culture at the ground level
- Reduce workplace incidents and liability risks
- Ensure compliance with health and safety regulations
- Improve productivity through confident, safety-aware workers

Instructional Methodology

- Instructor-led presentations with visual aids
- Group-based hazard spotting and risk control activities
- Hands-on PPE demonstrations and safe practice simulations
- Videos, checklists, and safety sign interpretation
- Group discussions and workplace scenario analysis

Course Outline

DETAILED 5-DAY COURSE OUTLINE (CUSTOMIZABLE)

Training Hours: 7:30 AM – 3:30 PM **Daily Format:** 3–4 Learning Modules **Coffee Breaks:** 09:30 & 11:15 | **Lunch Buffet:** 01:00 – 02:00

Day 1: Introduction to Safety Basics

- Module 1: Understanding Safety in the Workplace (07:30 – 09:30)
 - What is workplace safety? Why it matters
 - The cost of incidents: human and business impact
- Module 2: Safety Laws & Responsibilities (09:45 – 11:15)
 - WHS/OHS roles: worker, supervisor, employer
 - Legal duties and consequences of non-compliance
- Module 3: Identifying Hazards in the Workplace (11:30 – 01:00)
 - Physical, chemical, biological, ergonomic hazards
- Module 4: Group Activity – Spot the Hazard Exercise (02:00 – 03:30)

Day 2: Risk Management & Incident Reporting

- Module 1: Introduction to Risk Assessment (07:30 – 09:30)
 - Likelihood vs. consequence, risk matrix basics
- Module 2: Applying the Hierarchy of Controls (09:45 – 11:15)
 - Elimination to PPE: practical examples
- Module 3: Near-Miss & Incident Reporting Protocols (11:30 – 01:00)
- Module 4: Workshop – Writing a Hazard Report (02:00 – 03:30)

Day 3: Personal Protective Equipment (PPE)

- Module 1: Types of PPE and Their Functions (07:30 – 09:30)
 - Eye, hand, head, foot, respiratory, hearing
- Module 2: PPE Fit, Use, and Maintenance (09:45 – 11:15)
- Module 3: Safety Signage & Color Coding Systems (11:30 – 01:00)
- Module 4: Practical Demo – PPE Selection & Inspection (02:00 – 03:30)

Day 4: Safe Work Practices

- Module 1: Housekeeping and Manual Handling (07:30 – 09:30)
 - Slips, trips, lifting techniques
- Module 2: Working at Heights, Confined Spaces – Overview (09:45 – 11:15)
- Module 3: Equipment and Electrical Safety Basics (11:30 – 01:00)
- Module 4: Toolbox Talk & Job Safety Analysis (JSA) Roleplay (02:00 – 03:30)

Day 5: Emergency Procedures & Final Review

- Module 1: Fire Safety and Evacuation Plans (07:30 – 09:30)
- Module 2: Emergency Communication and Alarms (09:45 – 11:15)
- Module 3: First Aid Awareness & Safety Culture (11:30 – 01:00)
- Module 4: Final Assessment & Certificate Distribution (02:00 – 03:30)

Certification

Participants who complete the course will receive: Certificate of Completion – Safety Basics Includes safety awareness materials, checklists, and reporting forms

Why Choose MAWA Events

- **Global Expertise:** More than 17 years of experience in professional training and consulting.
- **Industry-Leading Faculty:** Courses delivered by seasoned professionals with hands-on experience.
- **Practical Insights:** Learn to turn theory into actionable strategies for real-world business impact.
- **Client-Focused Solutions:** Customized programs designed to achieve your organisation’s unique goals.

<p>In-House / Customized Training</p> <p>Interested in running this course for your team?</p> <p>Please contact us:</p>	<p>TEL:</p> <p>+601116373203</p>	<p>EMAIL:</p> <p>info@mawaevents.net</p>
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