MAWA EVENTS

Address: No. 857, Block A2. Leisure Commerce Square - No 9., 46150 Petaling Jaya, Selangor, Malaysia

Phone: +601116373203 | **Email:** info@mawaevents.net

PROVIDE FIRST AID & CPR

"Be the Difference — Respond with Confidence, Save Lives with Skill"

Schedule

Venue (InHouse)	Fees
At Your Organization Premises	Ask For The Quotation

► **Available delivery methods:** In-House Training

Introduction

This course equips participants with the knowledge and hands-on skills needed to provide effective first aid and cardiopulmonary resuscitation (CPR) in emergency situations. The training aligns with current Australian Resuscitation Council (ARC) guidelines and HLTAID011 – Provide First Aid, covering how to respond to injuries, medical conditions, and life-threatening emergencies until professional help arrives.

Objectives

Participants will learn to:

- Respond confidently to emergencies, including DRSABCD protocol
- Provide CPR on adults, children, and infants using a manikin
- Administer basic first aid for bleeding, burns, fractures, asthma, anaphylaxis, and shock
- Use and maintain an automated external defibrillator (AED)
- Follow workplace safety procedures and legal considerations related to first aid

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Why Attend

This essential course is suitable for anyone who may be called upon to respond to accidents or medical emergencies—at work, at home, or in public. It empowers you to act fast, safely, and legally during critical moments where every second counts.

Target Audience

- Emergency response team members
- Workplace first aiders (as per WHS compliance)
- Childcare and aged care workers
- School staff, sports coaches, lifeguards
- General public and community volunteers

Individual Benefits

- Nationally accredited HLTAID011 certificate
- Increased confidence in emergency response
- CPR skills for adults, children & infants
- Preparation for real-life situations in any environment

Organizational Benefits

- Compliance with WHS/OHS and risk management obligations
- Reduced injury severity and response time
- Promotes a safe and responsive workplace culture
- Enhances emergency preparedness company-wide

Instructional Methodology

- Interactive lectures and video demonstrations
- Instructor-led simulations and real-life scenarios
- CPR practice using manikins
- Group discussions and emergency role-playing
- Written and practical assessments

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Course Outline

DETAILED 5-DAY COURSE OUTLINE (Customizable) Training Hours: 07:30 AM – 03:30 PM Daily Format: 3–4 Modules | Coffee breaks: 09:30 & 11:15 | Lunch Buffet: 01:00 – 02:00

Day 1: Introduction to First Aid Principles

- Module 1: First Aid Fundamentals & Legal Responsibilities (07:30 – 09:30)
- Duty of care, consent, privacy, reporting
- Legal considerations and chain of survival
- Module 2: Infection Control and WHS Practices (09:45 – 11:15)
- Standard precautions, PPE usage
- Safety at the scene
- Module 3: Emergency Scene Management & DRSABCD Protocol (11:30 – 01:00)
- Scene safety, casualty assessment, DRSABCD action plan
- Module 4: Simulation – Incident Scene Practice (02:00 – 03:30)
- Group exercises on emergency scene setup and triage

Day 2: CPR and AED Proficiency

- Module 1: CPR for Adults, Children & Infants (07:30 – 09:30)
- Hands-on chest compressions, breaths, recovery position
- Module 2: AED Use and Troubleshooting (09:45 – 11:15)
- Operating AED, shock protocols, safety measures
- Module 3: Assessing Vital Signs and Responding to Collapse (11:30 – 01:00)
- Pulse, breathing, consciousness checks
- Module 4: Workshop – Full CPR & AED Rotation Practice (02:00 – 03:30)
- Individual assessment with feedback

Day 3: Medical Emergencies & Response Techniques

- Module 1: Breathing-Related Emergencies (07:30 – 09:30)
- Asthma, anaphylaxis, hyperventilation
- Module 2: Cardiovascular and Neurological Conditions (09:45 – 11:15)
- Heart attack, stroke, seizures, diabetes management
- Module 3: Shock and Fainting – Signs & Response (11:30 – 01:00)
- Types of shock, positioning, vital sign monitoring
- Module 4: Simulation Drill – Mixed Medical Response (02:00 – 03:30)
- Scenario response and group debrief

Day 4: Trauma Management and Advanced Scenarios

- Module 1: Control of Bleeding and Wound Management (07:30 – 09:30)
- Bandaging, dressings, embedded objects, nosebleeds
- Module 2: Burns, Scalds, and Thermal Injuries (09:45 – 11:15)
- Types of burns, first aid procedures, infection risks
- Module 3: Fractures, Sprains & Spinal Precautions (11:30 – 01:00)
- Immobilization, sling application, handling spinal injuries
- Module 4: Workplace Emergency Drill – Casualty Care (02:00 – 03:30)
- Role-playing real-life worksite trauma cases

Day 5: Integration, Practice & Final Assessment

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Module 1: Review and Consolidation of Theoretical Concepts (07:30 – 09:30)

- Summary of procedures, key definitions, legal points
- Module 2: Written Knowledge Assessment (Open Book) (09:45 – 11:15)
- Theory exam based on course material
- Module 3: Final Practical Assessment – CPR, AED & First Aid Response (11:30 – 01:00)
- Graded performance-based scenarios
- Module 4: Course Reflection, Licensing Forms & Certification Ceremony (02:00 – 03:30)
- Feedback session, questions, certificate handover

Certification

Successful participants will receive a Nationally Recognized Statement of Attainment for:

- HLTAID011 – Provide First Aid
- HLTAID009 – Provide CPR

Certificates are valid for 3 years (CPR recommended annually).

Why Choose MAWA Events

- **Global Expertise:** More than 17 years of experience in professional training and consulting.
- **Industry-Leading Faculty:** Courses delivered by seasoned professionals with hands-on experience.
- **Practical Insights:** Learn to turn theory into actionable strategies for real-world business impact.
- **Client-Focused Solutions:** Customized programs designed to achieve your organisation’s unique goals.

In-House / Customized Training Interested in running this course for your team? Please contact us:	TEL: **+601116373203**	EMAIL: **info@mawaevents.net**

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