

HSE MANAGEMENT BASICS / HSE MANAGEMENT PLANS

“Building safer workplaces through structured Health, Safety & Environmental management systems.”

Schedule

Venue (InHouse)	Fees
At Your Organization Premises	Ask For The Quotation

► **Available delivery methods:** In-House Training

Introduction

The HSE Management Basics / HSE Management Plans course provides a strong foundation in the principles and practices of Health, Safety, and Environmental (HSE) management. Designed for personnel responsible for developing, implementing, or maintaining HSE frameworks, the course covers key regulatory requirements, risk control strategies, performance measurement, and the creation of comprehensive HSE Management Plans tailored to various industrial sectors.

Participants will gain practical knowledge to align their HSE systems with international standards such as ISO 45001, ISO 14001, and relevant local legislation. The course also emphasizes integrating HSE into operational decision-making to support continuous improvement and compliance.

Objectives

By the end of this course, participants will be able to:

- Understand the fundamentals of HSE management systems and principles
- Identify and assess workplace hazards and implement suitable controls
- Develop, structure, and maintain HSE management plans
- Monitor and evaluate HSE performance using KPIs and audits
- Promote a proactive HSE culture across organizational levels

Why Attend

- Learn how to develop and implement effective HSE systems and documentation
- Ensure compliance with local and international HSE regulations and standards
- Reduce workplace incidents and improve overall safety performance
- Get practical tools and templates for immediate use on-site or in planning
- Enhance your qualifications for supervisory and management roles in safety

Target Audience

This course is ideal for:

- HSE officers, supervisors, and coordinators
- Line managers and site supervisors
- Safety committee members
- Engineers, planners, and operations personnel
- Anyone involved in writing or enforcing HSE Management Plans

Individual Benefits

- Build foundational knowledge of integrated HSE systems
- Gain confidence in contributing to site safety management
- Improve hazard awareness, documentation, and communication skills
- Receive a professional certification to support career advancement

Organizational Benefits

- Reduce risk and liability through improved safety performance
- Meet legal and industry HSE compliance requirements
- Streamline reporting and HSE documentation processes
- Foster a proactive safety culture and risk ownership across departments

Instructional Methodology

This course combines:

- Instructor-led presentations and case studies
- Group discussions and problem-solving workshops
- HSE documentation review and development exercises
- Checklists and template walk-throughs for plans and inspections
- Daily quizzes and knowledge checks to reinforce learning

Course Outline

Detailed 5-Day Course Outline (Customizable)

Training Hours: 7:30 AM – 3:30 PM **Daily Format:** 3–4 Learning Modules | Coffee Breaks: 09:30 & 11:15 | Lunch Buffet: 01:00 – 02:00

Day 1: HSE Principles & Legal Framework

- Module 1: Introduction to HSE Management Systems (07:30 – 09:30)
- Module 2: Overview of Local and International Regulations (09:45 – 11:15)
- Module 3: HSE Terminologies and Basic Risk Concepts (11:30 – 01:00)
- Module 4: Role of Management and Workers in HSE (02:00 – 03:30)

Day 2: Hazard Identification & Risk Assessment

- Module 1: Identifying Workplace Hazards (07:30 – 09:30)
- Module 2: Risk Assessment Techniques (HAZID, JSA, HIRA) (09:45 – 11:15)
- Module 3: Implementing the Hierarchy of Controls (11:30 – 01:00)
- Module 4: Workshop – Conducting a Site Risk Assessment (02:00 – 03:30)

Day 3: HSE Management Plan Development

- Module 1: Key Components of an HSE Management Plan (07:30 – 09:30)
- Module 2: Setting Objectives, Targets, and Responsibilities (09:45 – 11:15)
- Module 3: Emergency Response and Incident Management Sections (11:30 – 01:00)
- Module 4: Practical – Drafting an HSE Plan for a Worksite (02:00 – 03:30)

Day 4: Performance Monitoring & Auditing

- Module 1: HSE Key Performance Indicators (KPIs) and Metrics (07:30 – 09:30)
- Module 2: HSE Reporting, Inspections, and Walkthroughs (09:45 – 11:15)
- Module 3: Audit Planning and Corrective Actions (11:30 – 01:00)
- Module 4: Simulation – Conducting an Internal HSE Audit (02:00 – 03:30)

Day 5: Leadership, Culture & Final Review

- Module 1: Promoting HSE Awareness & Behavioral Safety (07:30 – 09:30)
- Module 2: Toolbox Talks, Communication & Documentation (09:45 – 11:15)
- Module 3: Final Review & HSE Plan Submission (11:30 – 01:00)
- Module 4: Certification Test & Closing Session (02:00 – 03:30)

Certification

Participants who complete the course and assessments will receive a Certificate of Completion in HSE Management Basics & Plan Development, which demonstrates competence in risk management, HSE documentation, and compliance planning aligned with ISO, OSHA, and regional HSE standards.

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