

UNDERTAKE CONFINED SPACE RESCUE

“Specialized Skills for High-Risk, Low-Access Environments.”

Schedule

Venue	Fees
In-House	ASK FOR THE QUOTATION

Introduction

Confined space rescue is one of the most complex and hazardous operations in emergency response. This course equips participants with the essential knowledge, planning procedures, and hands-on rescue techniques required for safe and effective entry, extrication, and recovery operations in confined spaces. The training aligns with international safety standards, including OSHA, NFPA, and ISO guidelines.

Objectives

- Participants will be able to:
- Identify and assess confined spaces and their associated hazards
 - Perform atmospheric testing and ensure safe entry conditions
 - Use PPE and rescue equipment specific to confined space environments
 - Execute vertical and horizontal rescues using ropes, stretchers, and tripods
 - Lead and coordinate confined space emergency scenarios

Why Attend

- Learn how to manage life-threatening emergencies in restricted spaces
- Enhance technical rescue proficiency using internationally accepted methods
- Build confidence in operating within strict safety and procedural controls

Target Audience

- Fire and rescue services personnel
- Industrial emergency response teams
- Oil & gas, utilities, and construction safety teams
- Emergency services, paramedics, and safety officers

Individual Benefits

- Gain critical rescue certification in a high-risk operational domain
- Master confined space entry, risk mitigation, and safe retrieval
- Increase professional capability and employment competitiveness

Organizational Benefits

- Reduce rescue response time and injury risk during confined space incidents
- Improve compliance with occupational health and safety regulations
- Ensure employee safety in hazardous enclosed environments

Instructional Methodology

- Practical drills in mock confined space rescue environments
- Use of atmospheric monitors, harnesses, retrieval systems, and stretchers
- Team-based scenarios and command simulations
- Real-case reviews and best practice discussions

Course Outline

DETAILED 5-DAY COURSE OUTLINE (CUSTOMIZABLE)

Training Hours: 7:30 AM – 3:30 PM **Daily Format:** 3–4 Learning Modules | Coffee Breaks: 09:30 & 11:15 | Lunch Buffet: 01:00 – 02:00

Day 1: Understanding Confined Spaces

- **Module 1:** Legal Definitions and Regulatory Standards (07:30 – 09:30)
- **Module 2:** Types of Confined Spaces and Typical Hazards (09:45 – 11:15)
- **Module 3:** Roles and Responsibilities in Rescue Operations (11:30 – 01:00)
- **Module 4:** Site Assessment Exercise (02:00 – 03:30)

Day 2: Equipment and Safety Protocols

- **Module 1:** PPE for Confined Space Entry and Rescue (07:30 – 09:30)
- **Module 2:** Gas Detection and Atmospheric Testing (09:45 – 11:15)
- **Module 3:** Ventilation Systems and Entry Permits (11:30 – 01:00)
- **Module 4:** Equipment Familiarization and Drill (02:00 – 03:30)

Day 3: Rescue Techniques and Communication

- **Module 1:** Horizontal Entry and Non-Entry Rescue (07:30 – 09:30)
- **Module 2:** Vertical Entry and Rope-Based Systems (09:45 – 11:15)
- **Module 3:** Emergency Communications and Monitoring (11:30 – 01:00)
- **Module 4:** Workshop: Simulated Rope Entry and Retrieval (02:00 – 03:30)

Day 4: Incident Management and Scenario Training

- **Module 1:** Incident Command and Crew Coordination (07:30 – 09:30)
- **Module 2:** Medical Considerations and Triage (09:45 – 11:15)
- **Module 3:** Extracting Unconscious or Injured Victims (11:30 – 01:00)
- **Module 4:** Simulation: Multi-Team Confined Space Rescue Drill (02:00 – 03:30)

Day 5: Final Rescue Exercise & Certification

- **Module 1:** Planning and Executing a Full Rescue Mission (07:30 – 09:30)
- **Module 2:** Live Rescue Scenario – Time-Constrained Operation (09:45 – 11:15)
- **Module 3:** Debriefing, Safety Audit, and Peer Review (11:30 – 01:00)
- **Module 4:** Certification Ceremony and Course Wrap-Up (02:00 – 03:30)

Certification

Participants who complete the training and assessment will receive a **Certificate of Competence in Confined Space Rescue**, verifying their ability to conduct safe and effective rescue operations in enclosed, restricted, and hazardous environments.

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