

DEMONSTRATE FIRST ATTACK FIREFIGHTING EQUIPMENT

“Empower frontline personnel to identify, use, and maintain first attack firefighting equipment during the early stages of a fire emergency.”

Schedule

Venue	Fees
In-House	ASK FOR THE QUOTATION

Introduction

This comprehensive course is designed to equip participants with the skills and confidence to respond quickly and effectively using first attack firefighting equipment such as portable extinguishers, fire hose reels, and fire blankets. Early response can contain or eliminate fire hazards before escalation, and this training focuses on empowering individuals with that first-line defense capability.

Objectives

- Participants will learn to:
- Identify types and applications of first attack firefighting equipment
 - Select the appropriate equipment for various classes of fires
 - Use extinguishers and hose reels effectively and safely
 - Perform basic checks and routine inspections
 - Respond calmly and efficiently to incipient stage fires

Why Attend

- Boost workplace readiness for fire emergencies
- Gain practical experience with real equipment
- Enhance fire safety awareness and reduce risk of major loss
- Learn how to act confidently in the crucial first minutes of a fire

Target Audience

- All workplace employees
- Facility and HSE officers
- Security personnel
- Fire wardens
- First aid and emergency response team members

Individual Benefits

- Hands-on practice with firefighting tools
- Confidence to act swiftly during an outbreak
- Skills applicable at work, home, and in public settings
- Certification that boosts workplace value

Organizational Benefits

- Faster initial fire containment and reduced downtime
- Improved safety compliance and fire risk mitigation
- Empowered and prepared staff
- Lower insurance and damage liability

Instructional Methodology

- Interactive theory sessions
- Real-life demonstrations
- Practical exercises and drills
- Group activities and debriefs
- Safety walkthroughs and inspection tours

Course Outline

DETAILED 5-DAY COURSE OUTLINE (CUSTOMIZABLE)

Training Hours: 7:30 AM – 3:30 PM **Daily Format:** 3–4 Learning Modules | ☕ Coffee Breaks: 09:30 & 11:15 | 🍽️ Lunch Buffet: 01:00 – 02:00

Day 1: Fire Basics & Human Behavior

Module 1: Fire Science - Understanding Fire Behavior (07:30 – 09:30)

- Fire triangle, classes of fire, fire growth stages

Module 2: Human Response in Fire Situations (09:45 – 11:15)

- Psychology of emergency response, panic avoidance

Module 3: Workplace Fire Hazards & Scenarios (11:30 – 01:00)

- Electrical fires, flammable materials, confined spaces

Module 4: Group Activity - Fire Scenario Mapping (02:00 – 03:30)

Day 2: Equipment Identification & Function

Module 1: Types of First Attack Firefighting Equipment (07:30 – 09:30)

- Fire extinguishers, hose reels, blankets

Module 2: Understanding Fire Extinguisher Classes (09:45 – 11:15)

- A, B, C, D, K classes and appropriate use

Module 3: Components & Functionality (11:30 – 01:00)

- Nozzles, gauges, hoses, propellants

Module 4: Practical - Equipment Inspection & Readiness Check (02:00 – 03:30)

Day 3: Safe Handling & Operation

Module 1: Fire Extinguisher Handling - PASS Technique (07:30 – 09:30)

- Pull, Aim, Squeeze, Sweep method

Module 2: Using Fire Hose Reels - Setup and Operation (09:45 – 11:15)

- Advancing hose, controlling pressure

Module 3: Using Fire Blankets & Emergency Procedures (11:30 – 01:00)

- Smothering techniques, safety distance

Module 4: Live Demo - Practice with Water & CO2 Extinguishers (02:00 – 03:30)

Day 4: Response Scenarios & Hazards

Module 1: Fire Attack Planning - Decision Making Under Pressure (07:30 – 09:30)

- When to attack vs. when to evacuate

Module 2: Firefighting Hazards & Personal Safety (09:45 – 11:15)

- Toxic smoke, electrical shock, explosion risks

Module 3: Emergency Communication & Reporting (11:30 – 01:00)

- Alarms, calling for help, chain of command

Module 4: Fire Drill - Simulated Incident with Live Response (02:00 – 03:30)

Day 5: Evaluation, Assessment & Certification

Module 1: Equipment Performance Review & Discussion (07:30 – 09:30)

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Lessons learned from drills, feedback session

Module 2: Written Quiz & Knowledge Check (09:45 – 11:15)

- Covering fire behavior, equipment use, safety rules

Module 3: Final Assessment – Live Fire Scenario (11:30 – 01:00)

- Responding individually to simulated outbreak

Module 4: Certification, Group Photos, Course Wrap-up (02:00 – 03:30)

Certification

Participants will be awarded a **Certificate of Competency – First Attack Firefighting Equipment**, recognized for practical readiness and safety knowledge in early-stage fire response.

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