MAWA EVENTS

Address: No. 857, Block A2. Leisure Commerce Square - No 9., 46150 Petaling Jaya, Selangor, Malaysia

Phone: +601116373203 | **Email:** info@mawaevents.net

ADVANCED FIRST AID

"Critical Skills for Saving Lives – Be Ready When Every Second Counts"

Schedule

Venue	Fees
In-House	ASK FOR THE QUOTATION

► **Available delivery methods:** In-House Training

Introduction

Advanced First Aid is a comprehensive training program designed for individuals who may be required to provide immediate, life-saving care in emergencies before professional help arrives. This course equips participants with the knowledge, practical skills, and confidence to manage severe injuries, life-threatening conditions, and complex medical emergencies in the workplace, industrial settings, or remote environments.

By covering CPR, trauma care, airway management, emergency response planning, and more, this hands-on training empowers participants to act quickly and effectively in high-pressure situations. Whether you are a team leader, safety officer, or designated responder, this course ensures you meet the latest standards in workplace safety and first responder readiness.

Objectives

By the end of this course, participants will be able to:

- Perform advanced life support and CPR procedures
- Administer first aid for trauma, burns, fractures, and shock
- Control bleeding using advanced techniques (e.g., tourniquets, wound packing)
- Manage head, spinal, and internal injuries
- Safely provide care during seizures, strokes, and cardiac events
- Use first aid and emergency equipment properly
- Coordinate with emergency medical services (EMS) effectively
- Build and maintain emergency response plans and kits

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Why Attend

- Gain lifesaving skills for real-world emergencies
- Fulfill health & safety compliance for your organization
- Enhance your confidence in managing high-stress medical incidents
- Get hands-on experience with first aid tools and simulations
- Improve your workplace\'s emergency preparedness

Target Audience

This program is designed for:

- Safety officers and emergency response team members
- Occupational health and safety (OHS) professionals
- Team leaders and shift supervisors
- Industrial workers, site managers, and construction teams
- Community first responders and volunteers

Individual Benefits

- Certification in advanced first aid aligned with safety standards
- Increased personal preparedness for crisis situations
- Practical skills in CPR, trauma care, and emergency communication
- Confidence to act quickly and effectively in emergencies

Organizational Benefits

- Improved workplace safety and emergency readiness
- Reduced risk of injury-related liability
- Compliance with occupational safety regulations
- Enhanced employee morale and trust in safety practices

Instructional Methodology

- **Strategy Briefings** – Core principles of emergency care, risk assessment, and legal responsibilities
- **Case Studies** – Real emergency response scenarios
- **Workshops** – Hands-on practice with CPR, trauma dressings, and first aid tools
- **Peer Exchange** – Group simulations and role-play in emergency response
- **Tools** – First aid checklists, emergency contact plans, and injury reporting templates

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Course Outline

DETAILED 5-DAY COURSE OUTLINE (Customizable) Training Hours: 07:30 AM – 03:30 PM Daily Format: 3–4 Modules | Coffee breaks: 09:30 & 11:15 | Lunch Buffet: 01:00 – 02:00 **Day 1: Foundations of Advanced First Aid**

- Module 1: Role of the First Responder & Legal Duties
- Module 2: Anatomy, Physiology & Basic Life Support Principles
- Module 3: Scene Safety and Primary Survey Techniques
- Module 4: Hands-on CPR and AED Use

Day 2: Trauma Management

- Module 1: Bleeding Control & Wound Management
- Module 2: Head, Neck, and Spinal Injuries
- Module 3: Fractures and Musculoskeletal Trauma
- Module 4: Burns, Shock, and Internal Bleeding

Day 3: Medical Emergencies

- Module 1: Cardiac Arrest and Stroke
- Module 2: Seizures, Diabetes, and Breathing Difficulties
- Module 3: Poisoning and Allergic Reactions (Anaphylaxis)
- Module 4: Environmental Conditions (Heatstroke, Hypothermia)

Day 4: Emergency Response Planning

- Module 1: Triage and Mass Casualty Management
- Module 2: Emergency Communication and Scene Coordination
- Module 3: Psychological First Aid and Patient Comfort
- Module 4: Equipment Familiarization (First Aid Kits, Stretchers, etc.)

Day 5: Simulation and Certification

- Module 1: Full Emergency Response Simulations
- Module 2: Performance Assessments (Practical Scenarios)
- Module 3: Review of Protocols and Legal Documentation
- Module 4: Final Q&A, Feedback, and Wrap-up

Certification

Certificate of Completion – Advanced First Aid & Emergency Response Participants will receive a certificate acknowledging their proficiency in advanced first aid techniques and emergency management in accordance with international workplace health and safety standards.

Why Choose MAWA Events

- **Global Expertise:** More than 17 years of experience in professional training and consulting.
- **Industry-Leading Faculty:** Courses delivered by seasoned professionals with hands-on experience.
- **Practical Insights:** Learn to turn theory into actionable strategies for real-world business impact.
- **Client-Focused Solutions:** Customized programs designed to achieve your organisation’s unique goals.

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In-House / Customized Training Interested in running this course for your team? Please contact us:	TEL: **+601116373203**	EMAIL: **info@mawaevents.net**

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