

LEADING CHANGE WITH AGILITY: DEVELOPING LEADERSHIP SKILLS FOR DYNAMIC PROJECTS

"Equipping Project Leaders to Drive Change, Inspire Teams, and Thrive in Uncertainty"

Schedule

Date	Venue	Fees (Face-to-Face)
22 - 26 Jun 2026	Dubai, UAE	USD 3495 per delegate

► **Available delivery methods:** Face-to-Face & Online Training

Introduction

In today's volatile business environment, project leaders must not only manage tasks and timelines but also lead people through continuous change. Agile leadership is essential for navigating uncertainty, inspiring team performance, and delivering value in fast-moving projects.

This 5-day course equips current and emerging leaders with the mindset, tools, and practical techniques to lead change effectively and with agility. Participants will explore frameworks such as servant leadership, adaptive leadership, and emotional intelligence, while learning how to align teams, manage stakeholder expectations, and foster a resilient, high-performing culture.

Objectives

By the end of this course, participants will be able to:

- Apply agile leadership principles to lead dynamic and fast-changing projects
- Communicate a compelling vision and align teams around change
- Use emotional intelligence to motivate and influence team members
- Adapt leadership styles to changing project contexts and team needs
- Facilitate innovation, feedback loops, and continuous improvement

Why Attend

- Develop adaptive leadership capabilities for complex project environments
- Lead and inspire cross-functional and remote teams
- Learn tools to manage change, ambiguity, and resistance
- Increase engagement and trust through authentic leadership
- Strengthen communication and coaching skills for agile project delivery

Target Audience

This program is designed for:

- Project Managers and Team Leaders
- Change Managers and Transformation Leaders
- Agile Coaches and Scrum Masters
- Program Managers and Portfolio Leads
- Anyone leading people and projects through change

Individual Benefits

Key competencies that will be developed include:

- Agile thinking and decision-making under pressure
- Leadership communication and stakeholder alignment
- Team motivation and coaching skills
- Conflict resolution and resilience techniques
- Creating psychologically safe and innovative environments

Organizational Benefits

Upon completing the training course, participants will demonstrate:

- Stronger leadership across agile and change-focused initiatives
- Improved team alignment, morale, and performance
- Faster response to market shifts and business transformation
- Higher project success rates and stakeholder satisfaction
- A culture of agility, ownership, and continuous learning

Instructional Methodology

The course follows a blended learning approach combining theory with practice:

- Strategy Briefings - Agile leadership models and change frameworks
- Case Studies - Successful transformation initiatives and project turnarounds
- Workshops - Leadership style self-assessment, feedback, and coaching labs
- Peer Exchange - Shared challenges in project change environments
- Tools - Team canvas, empathy mapping, change readiness tools

Course Outline

Training Hours: 7:30 AM - 3:30 PM Daily Format: 3-4 Learning Modules | Coffee breaks: 09:30 & 11:15 | Lunch Buffet: 01:00 - 02:00

Day 1: Foundations of Agile Leadership and Change

- Module 1: The New Role of the Project Leader (07:30 - 09:30) • From controller to enabler - agile mindsets and behaviors
- Module 2: Leading Change with Clarity and Purpose (09:45 - 11:15) • Vision-setting, storytelling, and alignment
- Module 3: Change Resistance and Adoption Models (11:30 - 01:00) • Kubler-Ross, ADKAR, Lewin's Model
- Module 4: Workshop - Assessing Readiness for Change (02:00 - 03:30) • Readiness audit for real project environments

Day 2: Emotional Intelligence and Influencing Others

- Module 5: Building Emotional Intelligence (07:30 - 09:30) • Self-awareness, regulation, empathy, social skills
- Module 6: Influence without Authority (09:45 - 11:15) • Trust building, stakeholder mapping, power dynamics
- Module 7: Managing Conflict and Difficult Conversations (11:30 - 01:00) • Constructive feedback, mediation tools
- Module 8: Workshop - Role-Play Scenarios on Team Dynamics (02:00 - 03:30) • Simulations with feedback and coaching

Day 3: Adaptive Leadership and Team Empowerment

- Module 9: Servant and Adaptive Leadership Models (07:30 - 09:30) • Choosing the right approach for the context
- Module 10: Motivating High-Performance Teams (09:45 - 11:15) • Daniel Pink's autonomy, mastery, purpose
- Module 11: Leading Remote and Hybrid Teams (11:30 - 01:00) • Tools, rhythms, and trust-building techniques
- Module 12: Workshop - Develop Your Leadership Canvas (02:00 - 03:30) • Personal action plan and feedback session

Day 4: Leading Projects with Agility

- Module 13: Agile Principles and Project Frameworks (07:30 - 09:30) • Scrum, Kanban, hybrid models, value delivery
- Module 14: Iterative Planning and Adaptive Execution (09:45 - 11:15) • Backlog refinement, retrospectives, and velocity
- Module 15: Decision-Making Under Uncertainty (11:30 - 01:00) • Decentralized decision tools, sense-and-respond
- Module 16: Workshop - Run a Change Sprint Simulation (02:00 - 03:30) • Interactive team-based challenge

Day 5: Leading Transformation and Embedding Culture

- Module 17: Driving Cultural Change and Agility at Scale (07:30 - 09:30) • Influencing systems, norms, and leadership behaviors
- Module 18: Creating Psychological Safety and Learning Environments (09:45 - 11:15) • Google's Project Aristotle, inclusive leadership
- Module 19: Leading Through Crisis and Ambiguity (11:30 - 01:00) • Resilience strategies and sensemaking
- Module 20: Final Workshop - Design a Change Leadership Plan (02:00 - 03:30) • Group presentations with peer and facilitator feedback

Certification

Participants will receive a **Certificate of Completion in Leading Change with Agility**, validating their leadership capability to manage dynamic teams, drive transformation, and deliver sustained value in complex, fast-paced project environments.

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Please contact us:

TEL:

+601116373203

EMAIL:

info@mawaevents.net

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