MAWA EVENTS

Address: No. 857, Block A2. Leisure Commerce Square - No 9., 46150 Petaling Jaya, Selangor, Malaysia

Phone: +601116373203 | **Email:** info@mawaevents.net

WOMEN IN LEADERSHIP IMPACT THROUGH SELF AWARENESS

"Empowering Female Leaders to Lead Authentically and Strategically"

Schedule

Date	Venue	Fees (Face-to-Face)
25 – 26 Jun 2026	Dubai, UAE	USD 1995 per delegate

► **Available delivery methods:** Face-to-Face & Online Training

Introduction

Leadership is most impactful when grounded in authenticity, confidence, and emotional intelligence. For women in leadership roles or aspiring to lead, self-awareness becomes the foundation for influencing others, navigating challenges, and leading with purpose and resilience.

This 2-day course is designed to support women in unlocking their leadership potential by focusing on self-awareness, emotional intelligence, and strategic influence. Through interactive exercises, self-assessments, and real-world insights, participants will gain clarity on their leadership identity, communication style, and presence, while building the confidence to lead with impact in any environment.

Objectives

By the end of this course, participants will be able to:

- Identify their leadership style and areas for personal development
- Enhance self-awareness and emotional intelligence for effective leadership
- Overcome self-limiting beliefs and build personal resilience
- Develop strategies to lead with influence and clarity
- Apply tools for goal setting, assertive communication, and confidence building

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Why Attend

- Gain insight into your leadership strengths and growth opportunities
- Build greater confidence and visibility as a leader
- Develop emotional intelligence to manage relationships and teams
- Connect with other women leaders in a supportive, reflective setting
- Practice real-life strategies to influence, inspire, and lead authentically

Target Audience

This program is designed for:

- Female managers, team leaders, and supervisors
- High-potential women preparing for leadership roles
- Entrepreneurs and business owners
- Project leaders and change agents
- Any professional woman seeking leadership growth through self-awareness

Individual Benefits

Key competencies that will be developed include:

- Self-awareness and reflective leadership
- Confidence and presence in high-stakes situations
- Emotional intelligence and interpersonal sensitivity
- Goal setting and self-leadership
- Influencing without authority

Organizational Benefits

Upon completing the training course, participants will demonstrate:

- Stronger, more authentic female leadership within teams
- Higher engagement and retention of women in leadership pipelines
- More emotionally intelligent and collaborative work cultures
- Improved communication, motivation, and mentoring among teams
- Increased diversity and inclusion in leadership decision-making

Instructional Methodology

The course follows a blended learning approach combining theory with practice:

- Self-Assessment Tools – Leadership profile, values clarity, EI evaluations
- Reflection Exercises – Strengths exploration, mindset shifts
- Peer Dialogues – Role models, shared challenges, success stories
- Interactive Workshops – Goal mapping, assertive communication, vision setting
- Coaching Models – Feedback frameworks and personal development planning

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Course Outline

Training Hours: 7:30 AM – 3:30 PM Daily Format: 3–4 Learning Modules | Coffee Breaks: 09:30 & 11:15 | Lunch Buffet: 01:00 – 02:00

Day 1: Knowing Yourself as a Leader

- Module 1: The Power of Self-Awareness in Leadership (07:30 – 09:30) • Understanding your leadership identity • Personal values, beliefs, and blind spots
- Module 2: Emotional Intelligence for Women Leaders (09:45 – 11:15) • Self-regulation, empathy, and relationship management • EI tools for high-stakes conversations
- Module 3: Navigating Inner Barriers to Confidence (11:30 – 01:00) • Impostor syndrome, self-doubt, and mindset traps • Shifting from self-criticism to self-trust
- Module 4: Workshop – Leadership Reflection Journal (02:00 – 03:30) • Writing your leadership narrative and confidence moments

Day 2: Leading with Impact and Influence

- Module 5: Building Influence and Strategic Presence (07:30 – 09:30) • Executive presence and communication style • Influencing without formal authority
- Module 6: Vision Setting and Authentic Goal Alignment (09:45 – 11:15) • Clarifying leadership vision and defining legacy • SMART goals and personal KPI tracking
- Module 7: Assertive Communication and Conflict Confidence (11:30 – 01:00) • Setting boundaries and saying no with respect • Handling conflict with emotional maturity
- Module 8: Workshop – Personal Leadership Action Plan (02:00 – 03:30) • Create a 90-day roadmap for personal leadership growth

Certification

Participants will receive a Certificate of Completion in Women in Leadership: Impact Through Self-Awareness, recognizing their commitment to self-development and leadership excellence based on authenticity, confidence, and emotional intelligence.

Why Choose MAWA Events

- **Global Expertise:** More than 17 years of experience in professional training and consulting.
- **Industry-Leading Faculty:** Courses delivered by seasoned professionals with hands-on experience.
- **Practical Insights:** Learn to turn theory into actionable strategies for real-world business impact.
- **Client-Focused Solutions:** Customized programs designed to achieve your organisation’s unique goals.

In-House / Customized Training Interested in running this course for your team? Please contact us:	TEL: **+601116373203**	EMAIL: **info@mawaevents.net**

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