MAWA EVENTS

Address: No. 857, Block A2. Leisure Commerce Square - No 9., 46150 Petaling Jaya, Selangor, Malaysia

Phone: +601116373203 | **Email:** info@mawaevents.net

SAFETY BASICS

"Foundational Safety Knowledge for Health, Workplace, and Operational Risk Prevention"

Schedule

Date	Venue	Fees (Face-to-Face)
18 – 22 May 2026	London, UK	USD 3495 per delegate

► **Available delivery methods:** Face-to-Face & Online Training, In-House Training

Introduction

Establishing a strong foundation in safety practices is essential for preventing incidents, protecting lives, and ensuring compliance with occupational health and safety standards. Regardless of industry, everyone in the workforce has a role to play in creating a safe and hazard-free environment.

This course provides participants with essential safety principles, focusing on hazard identification, basic risk assessment, incident prevention, PPE use, and safety culture. Through practical sessions and real-world examples, participants will build the awareness and confidence needed to contribute to safer workplaces and support organizational health and safety objectives.

Objectives

By the end of this course, participants will be able to:

- Understand basic occupational health and safety principles
- Identify common workplace hazards and apply simple control measures
- Conduct basic risk assessments and participate in safety observations
- Use personal protective equipment (PPE) effectively and appropriately
- Support incident reporting and contribute to safety culture initiatives
- Comply with key safety regulations and best practices

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Why Attend

- Gain a clear understanding of core safety responsibilities and procedures
- Reduce the risk of accidents through awareness and proactive behavior
- Develop confidence to act safely and speak up about hazards
- Learn how to use PPE, signage, and safe work practices
- Build the foundation for advanced safety training or responsibilities

Target Audience

This program is designed for:

- New employees, workers, and operators in all industries
- Office and field staff unfamiliar with safety requirements
- Line supervisors and team leaders with basic safety responsibilities
- Contractors, vendors, or temporary staff on worksites
- Anyone seeking a fundamental understanding of safety practices

Individual Benefits

Key competencies that will be developed include:

- Safety awareness and hazard recognition
- Understanding of personal and team responsibilities for safety
- Correct use of PPE and workplace safety equipment
- Basic emergency response awareness
- Ability to contribute to a positive safety culture

Organizational Benefits

Upon completing the training course, participants will demonstrate:

- Improved compliance with workplace safety standards and policies
- Reduction in unsafe behaviors and near-miss incidents
- More consistent hazard reporting and observation practices
- Better communication between supervisors and frontline workers
- A stronger foundation for long-term safety performance improvement

Instructional Methodology

The course follows a blended learning approach combining theory with practice:

- Strategy Briefings – Safety principles, compliance requirements, key roles
- Case Studies – Real-life incidents and lessons learned
- Workshops – Hazard spotting, PPE demonstration, risk assessment
- Peer Exchange – Sharing workplace safety experiences
- Tools – Safety checklists, reporting forms, incident logs

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Course Outline

Training Hours: 7:30 AM – 3:30 PM Daily Format: 3–4 Learning Modules | Coffee breaks: 09:30 & 11:15 | Lunch Buffet: 01:00 – 02:00

Day 1: Safety Foundations and Legal Responsibilities

- Module 1: Introduction to Occupational Health and Safety (07:30 – 09:30) • Basic principles, goals, and terminology
- Module 2: Legal and Organizational Safety Obligations (09:45 – 11:15) • Worker and employer duties, compliance regulations
- Module 3: Safety Communication and Reporting (11:30 – 01:00) • Signs, labels, reporting unsafe acts, stop-work authority
- Module 4: Workshop – Identify Hazards in a Simulated Work Environment (02:00 – 03:30) • Group activity using visual hazard scenarios

Day 2: Workplace Hazards and Risk Control

- Module 5: Types of Workplace Hazards (07:30 – 09:30) • Physical, chemical, biological, ergonomic, psychosocial
- Module 6: Risk Assessment Basics (09:45 – 11:15) • Steps: hazard identification, evaluation, control
- Module 7: Hierarchy of Controls (11:30 – 01:00) • Elimination, substitution, engineering, admin, PPE
- Module 8: Workshop – Conduct a Simple Risk Assessment (02:00 – 03:30) • Use checklist and risk matrix on selected scenarios

Day 3: Safe Work Practices and Equipment

- Module 9: Personal Protective Equipment (PPE) Use and Selection (07:30 – 09:30) • Types, limitations, fit, storage, maintenance
- Module 10: Tools and Equipment Safety (09:45 – 11:15) • Machine guards, inspection, proper use
- Module 11: Housekeeping and Slip/Trip/Fall Prevention (11:30 – 01:00) • Walkways, storage, signage, routine inspections
- Module 12: Workshop – PPE Demonstration and Checklist (02:00 – 03:30) • Trainees inspect and wear PPE correctly

Day 4: Emergency Preparedness and Response

- Module 13: Emergency Situations and Response Protocols (07:30 – 09:30) • Fire, chemical spills, injury response
- Module 14: Alarm Systems, Muster Points, and First Aid (09:45 – 11:15) • Evacuation drills, reporting, first aid kits
- Module 15: Incident and Near-Miss Reporting (11:30 – 01:00) • Forms, timelines, root cause basics
- Module 16: Workshop – Simulated Emergency Drill (02:00 – 03:30) • Role-based scenario and response

Day 5: Building Safety Culture and Closing Gaps

- Module 17: Human Factors and Behavioral Safety (07:30 – 09:30) • Attitudes, habits, peer accountability
- Module 18: Leading and Participating in Toolbox Talks (09:45 – 11:15) • Topics, structure, frequency, team engagement
- Module 19: Continuous Safety Improvement (11:30 – 01:00) • Audits, walkabouts, safety observations
- Module 20: Final Workshop – Develop a Personal Safety Pledge and Plan (02:00 – 03:30) • Reflection and action planning

Certification

Participants will receive a Certificate of Completion in Safety Basics, validating their understanding of essential safety concepts, hazard control techniques, and workplace behaviors needed to support a safe and compliant working environment.

Why Choose MAWA Events

- **Global Expertise:** More than 17 years of experience in professional training and consulting.
- **Industry-Leading Faculty:** Courses delivered by seasoned professionals with hands-on experience.
- **Practical Insights:** Learn to turn theory into actionable strategies for real-world business impact.
- **Client-Focused Solutions:** Customized programs designed to achieve your organisation’s unique goals.

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In-House / Customized Training Interested in running this course for your team? Please contact us:	TEL: **+601116373203**	EMAIL: **info@mawaevents.net**

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