

EFFECTIVE TEAM DEVELOPMENT & PROJECT LEADERSHIP

“Building High-Performing Teams and Leading Projects with Confidence and Clarity”

Schedule

Date	Venue	Fees (Face-to-Face)
04 - 08 May 2026	Kuala Lumpur, Malaysia	USD 3495 per delegate

► **Available delivery methods:** Face-to-Face & Online Training

Introduction

Project success is driven not only by sound planning and execution but also by the strength and cohesion of the project team. Leaders must cultivate trust, clarity, and collaboration while navigating challenges and change.

This intensive 5-day course empowers professionals with proven strategies for team building, motivation, communication, and leadership in project settings. Participants will explore how to align diverse talents toward shared goals, resolve conflicts constructively, and apply practical leadership frameworks to real-world project environments.

Objectives

By the end of this course, participants will be able to:

- Lead diverse teams with greater confidence and clarity
- Apply team development models and motivation techniques
- Facilitate productive collaboration, problem-solving, and decision-making
- Adapt leadership style to project phases and stakeholder needs
- Manage team dynamics, conflict, and accountability for results

Why Attend

- Gain practical tools for building and sustaining high-performing project teams
- Enhance leadership presence and influence across functional groups
- Improve communication, trust, and cohesion in your project environment
- Understand how to lead teams through change, uncertainty, and pressure
- Build your confidence as a team leader, supervisor, or project lead

Target Audience

This program is designed for:

- Project leaders and team managers
- Functional supervisors and technical leads
- HR and organizational development professionals
- Department heads and mid-level managers
- Anyone responsible for leading teams or managing team performance

Individual Benefits

Key competencies that will be developed include:

- Leadership agility and team coaching capabilities
- Insight into behavioral styles and team development stages
- Conflict resolution and feedback facilitation
- Team goal setting, delegation, and performance tracking
- Emotional intelligence and resilience in leadership

Organizational Benefits

Upon completing the training course, participants will demonstrate:

- Improved team collaboration and productivity
- Stronger project execution through empowered leadership
- More resilient and adaptable teams under pressure
- Better stakeholder engagement and decision alignment
- Enhanced team culture, accountability, and morale

Instructional Methodology

The course follows a blended learning approach combining theory with practice:

- Leadership Briefings - Foundational models and best practices
- Case Studies - Real-life team challenges and leadership decisions
- Workshops - Simulations, group exercises, and team planning
- Peer Exchange - Collaborative learning and feedback sessions
- Coaching Tools - Style assessments, motivation checklists, feedback templates

Course Outline

Training Hours: 7:30 AM - 3:30 PM Daily Format: 3-4 Learning Modules | Coffee Breaks: 09:30 & 11:15 | Lunch Buffet: 01:00 - 02:00

Day 1: Foundations of Team Leadership

- Module 1: Role of the Project Leader (07:30 - 09:30) • Leadership vs management in project environments • Core leadership competencies and responsibilities • Aligning leadership style with team needs
- Module 2: Understanding Team Dynamics (09:45 - 11:15) • Stages of team development (Forming-Storming-Norming-Performing) • Belbin and Tuckman models • Recognizing and managing team roles and behaviors
- Module 3: Leadership Styles and Self-Awareness (11:30 - 01:00) • Emotional intelligence and leadership agility • Leadership style assessments • Flexing leadership behavior based on team maturity
- Module 4: Workshop - Analyze Your Leadership Profile (02:00 - 03:30) • Self-assessment and action plan

Day 2: Building and Developing High-Performance Teams

- Module 5: Setting Vision, Goals, and Expectations (07:30 - 09:30) • SMART objectives and team charters • Clarifying roles and responsibilities • Aligning team efforts with project success
- Module 6: Motivation and Engagement Techniques (09:45 - 11:15) • Maslow, Herzberg, and Daniel Pink's motivation models • Recognition, autonomy, and purpose • Techniques for maintaining morale and ownership
- Module 7: Delegation and Accountability (11:30 - 01:00) • Delegation ladder and trust-building • Tracking progress and addressing performance gaps • Team-based KPIs and shared ownership
- Module 8: Workshop - Design a Team Performance Framework (02:00 - 03:30) • Group exercise to define goals, roles, and metrics

Day 3: Communication and Collaboration

- Module 9: Enhancing Team Communication (07:30 - 09:30) • Channels, cadence, and clarity in project communication • Active listening and non-verbal cues • Tools for remote and cross-cultural collaboration
- Module 10: Constructive Feedback and Difficult Conversations (09:45 - 11:15) • Delivering feedback using SBI and DESC models • Handling defensiveness and conflict de-escalation • Building a feedback culture
- Module 11: Decision-Making and Problem Solving (11:30 - 01:00) • Group decision models (consensus, majority, delegation) • Structured problem-solving techniques (5 Whys, Fishbone, etc.) • Encouraging participation and accountability
- Module 12: Workshop - Simulate a Team Decision Process (02:00 - 03:30) • Scenario-based group activity

Day 4: Conflict Resolution and Team Resilience

- Module 13: Managing Team Conflict (07:30 - 09:30) • Types and sources of conflict • Conflict resolution styles (Thomas-Kilmann) • Mediating disputes and maintaining team unity
- Module 14: Leading Through Change and Uncertainty (09:45 - 11:15) • Change management models (Kotter, Bridges) • Communicating during transition periods • Resilience strategies for leaders and teams
- Module 15: Managing Stress and Team Wellness (11:30 - 01:00) • Recognizing burnout and emotional triggers • Mental health awareness and support • Building psychological safety in teams
- Module 16: Workshop - Conflict Simulation & Debrief (02:00 - 03:30) • Role-play to resolve a high-stakes team disagreement

Day 5: Execution, Evaluation, and Leadership Growth

- Module 17: Leading Project Execution (07:30 - 09:30) • Aligning team energy with deadlines and deliverables • Keeping the team focused during pressure periods • Celebrating milestones and maintaining momentum
- Module 18: Measuring Team Effectiveness (09:45 - 11:15) • Team effectiveness models and survey tools • Lessons learned and retrospective formats • Continuous improvement techniques
- Module 19: Creating a Personal Leadership Roadmap (11:30 - 01:00) • Leadership goal setting and action planning • Peer coaching and accountability techniques
- Module 20: Final Workshop - Team Leadership Simulation (02:00 - 03:30) • Apply key concepts in a final group leadership challenge

Certification

Participants will receive a Certificate of Completion in Effective Team Development & Project Leadership, validating their ability to build high-performing teams and apply leadership principles for successful project delivery in any organizational environment.

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TEL:

+601116373203

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info@mawaevents.net

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