

# AGILE PROJECT MANAGEMENT: PREPARATION FOR AGILE CERTIFIED PRACTITIONER (PMI-ACP)®

*"Master Agile Principles and Tools to Lead Adaptive, High-Performance Projects"*

## Schedule

| Date             | Venue      | Fees                  |
|------------------|------------|-----------------------|
| 17 - 21 Aug 2026 | Dubai, UAE | USD 3495 per delegate |

► **Available delivery methods:** Face-to-Face & Online Training

## Introduction

In a world of constant change and rapid innovation, agile project management has become essential for delivering value quickly, adapting to uncertainty, and engaging stakeholders effectively. This intensive course equips professionals with the knowledge and skills to lead Agile teams and prepares them to pass the globally recognized PMI-ACP® certification exam.

The training covers core Agile concepts, frameworks like Scrum, Kanban, XP, and Lean, and the PMI-ACP® exam domains. With a strong focus on real-world application, participants will gain confidence in managing Agile projects across industries using tools, simulations, and case studies that reflect today's dynamic project environments.

## Objectives

By the end of this course, participants will be able to:

- Apply Agile principles and values across multiple frameworks (Scrum, Kanban, XP, Lean)
- Lead Agile teams in iterative planning, delivery, and retrospectives
- Engage stakeholders using adaptive communication and collaboration practices
- Use Agile tools such as product backlogs, user stories, and burndown charts
- Prepare thoroughly for the PMI-ACP® certification exam with practice questions and exam simulations

## Why Attend

- Gain the skills to lead Agile teams with speed, flexibility, and stakeholder alignment
- Prepare for the PMI Agile Certified Practitioner (PMI-ACP)®, one of the fastest-growing credentials in project management
- Deepen your knowledge of Agile tools, ceremonies, roles, and metrics
- Enhance your ability to manage change, uncertainty, and continuous delivery
- Join a global community of Agile professionals recognized by PMI

## Target Audience

This program is designed for:

- Project managers and team leads working in Agile environments
- Professionals preparing for the PMI-ACP® certification
- IT managers, product owners, and scrum masters
- PMO team members and project consultants
- Organizations transitioning from traditional to Agile methodologies

## Individual Benefits

Key competencies that will be developed include:

- Understanding of Agile mindset, values, and principles
- Proficiency in leading Agile ceremonies and team collaboration
- Confidence in managing product delivery through iterations and releases
- Familiarity with Agile metrics, estimation techniques, and tools
- Exam readiness for PMI-ACP®, including question logic and structure

## Organizational Benefits

Upon completing the training course, participants will demonstrate:

- Increased project adaptability and stakeholder engagement
- Reduced delivery cycles and improved product quality
- Efficient use of team capacity and continuous feedback loops
- Enhanced ability to manage change and customer expectations
- Readiness to support enterprise Agile transformation initiatives

## Instructional Methodology

The course follows a blended learning approach combining theory with practice:

- Strategy Briefings – Agile values, PMI-ACP® domains, and frameworks
- Case Studies – Agile failures and successes across industries
- Workshops – Backlog grooming, sprint planning, retrospectives
- Peer Exchange – Agile implementation experiences and role-based collaboration
- Tools – Agile charts, story maps, exam prep simulators, mock tests

## Course Outline

**Training Hours: 7:30 AM - 3:30 PM** Daily Format: 3-4 Learning Modules | Coffee breaks: 09:30 & 11:15 | Lunch Buffet: 01:00 - 02:00

### Day 1: Agile Mindset and Core Concepts

- Module 1: Introduction to Agile Principles and Values (07:30 - 09:30) • Agile Manifesto, 12 Principles, and iterative development
- Module 2: PMI-ACP® Overview and Certification Roadmap (09:45 - 11:15) • Eligibility, exam structure, question types
- Module 3: Agile Frameworks in Practice (11:30 - 01:00) • Scrum, Kanban, XP, Crystal, and Lean overview
- Module 4: Workshop - Mapping Agile Frameworks to Projects (02:00 - 03:30) • Choosing and tailoring Agile practices

### Day 2: Agile Planning and Estimation

- Module 5: Agile Project Lifecycle and Roles (07:30 - 09:30) • Product owner, scrum master, Agile team dynamics
- Module 6: Backlog Creation and User Story Writing (09:45 - 11:15) • Story points, INVEST model, prioritization
- Module 7: Planning Poker, Estimation, and Velocity (11:30 - 01:00) • Relative sizing and release forecasting
- Module 8: Workshop - Build a Product Backlog (02:00 - 03:30) • Design user stories and sprint forecasts

### Day 3: Execution and Delivery

- Module 9: Sprint Planning and Execution (07:30 - 09:30) • Timeboxing, task boards, daily stand-ups
- Module 10: Monitoring and Measuring Progress (09:45 - 11:15) • Burndown charts, burn-up, cumulative flow diagrams
- Module 11: Agile Quality Management and Testing (11:30 - 01:00) • Test-driven development, continuous integration
- Module 12: Workshop - Simulate a Sprint Cycle (02:00 - 03:30) • Hands-on Agile project simulation

### Day 4: Collaboration, Communication & Risk

- Module 13: Stakeholder Engagement and Communication (07:30 - 09:30) • Information radiators, feedback cycles, Agile charter
- Module 14: Team Performance and Conflict Resolution (09:45 - 11:15) • Servant leadership, coaching, and team formation
- Module 15: Agile Risk Management and Change Handling (11:30 - 01:00) • Responding to uncertainty in Agile environments
- Module 16: Workshop - Retrospective & Feedback Techniques (02:00 - 03:30) • Facilitating learning and continuous improvement

### Day 5: Certification Preparation and Strategy

- Module 17: Ethics, Professionalism, and Agile Governance (07:30 - 09:30) • PMI code of ethics and Agile policies
- Module 18: PMI-ACP® Exam Content Review (09:45 - 11:15) • Tools, techniques, and domain coverage
- Module 19: Mock Exam and Review (11:30 - 01:00) • Timed simulation with explanation of answers
- Module 20: Final Workshop - Agile Action Plan (02:00 - 03:30) • Personal roadmap for Agile implementation and certification success

## Certification

Participants will receive a Certificate of Completion in Agile Project Management - PMI-ACP® Preparation, validating their readiness to lead Agile initiatives and successfully pursue the PMI Agile Certified Practitioner (PMI-ACP)® credential. This course meets the 21 contact hours required for the PMI-ACP® exam application.

## Why Choose MAWA Events

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