

NUCO ACCREDITED PAEDIATRIC FIRST AID

“Essential Life-Saving Skills for Childcare and Early Years Professionals”

Schedule

Date	Venue	Fees (Face-to-Face)
21 – 22 May 2026	Dubai, UAE	USD 1995 per delegate

► **Available delivery methods:** Face-to-Face & Online Training

Introduction

When working with children, emergencies can happen anytime—and knowing how to respond effectively can save lives. This NUCO-accredited course is designed to equip participants with the confidence and competence to provide first aid care for infants and children in any setting.

The course blends practical skill-building with theoretical knowledge aligned with UK paediatric first aid standards. It is ideal for childcare providers, school staff, and guardians responsible for young children.

Objectives

By the end of this course, participants will be able to:

- Recognize and manage paediatric medical emergencies and injuries
- Perform CPR and use an AED on infants and children
- Respond effectively to choking, bleeding, burns, and fractures
- Assess scene safety and apply the recovery position
- Understand legal responsibilities and incident reporting

Why Attend

- Gain accredited first aid training aligned with regulatory standards
- Boost your confidence to respond in emergency situations involving children
- Practice life-saving techniques through guided simulations
- Ensure the safety of children in your care across settings
- Earn a recognized certificate valid for professional compliance

Target Audience

This program is designed for:

- Childcare professionals and nursery staff
- School teachers and administrators
- Youth club leaders and activity supervisors
- Parents, guardians, and babysitters
- First responders and safety officers in educational environments

Individual Benefits

Key competencies that will be developed include:

- CPR and AED usage specific to infants and children
- Recognition of common childhood medical emergencies
- Emergency planning and scene assessment skills
- Competence in injury management and wound care
- Communication and documentation in a first aid scenario

Organizational Benefits

Upon completing the training course, participants will demonstrate:

- Enhanced safety preparedness across childcare settings
- Compliance with health and safety regulations (e.g., OFSTED, EYFS)
- Improved emergency response outcomes in paediatric contexts
- Staff confidence in managing high-stress first aid events
- Reinforced duty-of-care frameworks and safety culture

Instructional Methodology

The course follows a blended learning approach combining theory with practice:

- Interactive Demonstrations – Hands-on CPR, AED, and injury simulations
- Scenario-Based Training – Realistic childcare emergency cases
- Workshops – Practice bandaging, wound care, and positioning
- Peer Discussions – Shared experiences and practical safety tips
- Assessment Tools – Knowledge checks and skills evaluations

Course Outline

Training Hours: 7:30 AM - 3:30 PM Daily Format: 3-4 Learning Modules | Coffee breaks: 09:30 & 11:15 | Lunch Buffet: 01:00 - 02:00

Day 1: Core Paediatric Life Support Skills

- **Module 1: Introduction to Paediatric First Aid (07:30 - 09:30)** • Key principles of paediatric first aid • Scene assessment, safety, and casualty overview • Legal responsibilities and parental communication
- **Module 2: Paediatric CPR and AED Use (09:45 - 11:15)** • Child and infant resuscitation techniques • Practical use of AED devices • Managing unconscious casualties
- **Module 3: Choking, Recovery Position, and Breathing Issues (11:30 - 01:00)** • Obstructed airway management in infants and children • Recovery position and breathing assessment • Asthma, allergic reactions, and anaphylaxis
- **Module 4: Workshop - Live Demonstration Practice (02:00 - 03:30)** • CPR, AED, and recovery practice with dummies • Peer coaching and instructor feedback

Day 2: Injuries, Illnesses, and Incident Handling

- **Module 5: Treating Wounds and Bleeding (07:30 - 09:30)** • Nosebleeds, grazes, deep cuts • Bandaging techniques and infection prevention • Shock recognition and management
- **Module 6: Burns, Fractures, and Head Injuries (09:45 - 11:15)** • Heat and chemical burns • Sprains, dislocations, and fractures • Concussion and spinal precautions
- **Module 7: Managing Illness and Medical Conditions (11:30 - 01:00)** • Epilepsy, febrile seizures, diabetes • Recognizing meningitis and sepsis • Temperature control and hydration issues
- **Module 8: Final Assessment & Roleplay (02:00 - 03:30)** • Simulated paediatric first aid scenarios • Written and practical evaluations • Course summary and certification briefing

Certification

Participants will receive a NUCO Accredited Certificate in Paediatric First Aid, valid for 3 years. This certificate confirms their ability to deliver competent and compliant emergency care to children and infants in accordance with UK paediatric first aid standards.

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