MAWA EVENTS

Address: No. 857, Block A2. Leisure Commerce Square - No 9., 46150 Petaling Jaya, Selangor, Malaysia

Phone: +601116373203 | **Email:** info@mawaevents.net

NUCO ACCREDITED LEVEL 3 FIRST AID AT WORK

"Empowering Individuals with Certified Life-Saving First Aid Skills"

Schedule

Date	Venue	Fees (Face-to-Face)
19 – 21 May 2026	Dubai, UAE	USD 2495 per delegate

► **Available delivery methods:** Face-to-Face & Online Training

Introduction

In any workplace, the ability to respond swiftly and effectively in a medical emergency can mean the difference between life and death. The NUCO Accredited Level 3 First Aid at Work course equips participants with practical first aid skills, confidence, and certification that meet UK HSE standards.

Over the course of three intensive days, delegates will learn how to manage major and minor medical incidents, from CPR and choking to fractures, bleeding, and shock. This certification is ideal for those designated as workplace first aiders, ensuring legal compliance and enhanced safety culture.

Objectives

By the end of this course, participants will be able to:

- Assess an emergency scene and apply the principles of incident management
- Provide effective life support, including CPR and use of AED
- Treat bleeding, burns, fractures, and head injuries confidently
- Manage casualties suffering from shock, choking, or seizures
- Maintain legal first aid records and understand regulatory responsibilities

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Why Attend

- Gain a fully accredited UK Level 3 First Aid qualification (NUCO certified)
- Develop life-saving skills that are critical in high-risk workplaces
- Learn practical application through real-life scenarios and simulations
- Ensure compliance with occupational health and safety regulations
- Improve your ability to react confidently in emergency situations

Target Audience

This program is designed for:

- Designated first aiders in workplaces and organizations
- Health and safety officers and emergency response teams
- Site supervisors and team leaders in high-risk industries
- HR and administrative personnel responsible for safety compliance
- Anyone seeking certified first aid training for workplace application

Individual Benefits

Key competencies that will be developed include:

- Emergency response readiness and decision-making under pressure
- Proficiency in CPR, AED use, and managing unconscious casualties
- Knowledge of health and safety regulations concerning first aid
- Confidence in treating various injuries and medical conditions
- Capability to maintain incident records and coordinate emergency support

Organizational Benefits

Upon completing the training course, participants will demonstrate:

- Improved first aid response capacity within the organization
- Compliance with legal obligations under workplace safety laws
- Reduced injury severity through prompt intervention
- A stronger safety culture and awareness among employees
- Improved emergency preparedness and employee morale

Instructional Methodology

The course follows a blended learning approach combining theory with practice:

- Interactive Briefings – Key concepts and responsibilities of a first aider
- Hands-On Simulations – CPR, bandaging, choking, fractures
- Scenario-Based Practice – Role-play of medical emergencies
- Peer Exchange – Group activities and feedback
- Accreditation Tools – NUCO certification assessment and practical test

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Course Outline

Training Hours: 7:30 AM – 3:30 PM Daily Format: 3–4 Learning Modules | Coffee breaks: 09:30 & 11:15 | Lunch Buffet: 01:00 – 02:00

Day 1: Emergency Preparedness & Life-Saving Techniques

- Module 1: Introduction to First Aid Principles (07:30 – 09:30) • Legal responsibilities and roles of a workplace first aider • Primary and secondary assessment of casualties • Managing an emergency scene safely
- Module 2: CPR and AED Usage (09:45 – 11:15) • Adult CPR techniques and recovery position • Automated External Defibrillator (AED) – use and precautions
- Module 3: Breathing Issues & Choking (11:30 – 01:00) • Managing blocked airways, choking procedures • Hyperventilation and asthma response
- Module 4: Practical Exercises – Emergency Response Drill (02:00 – 03:30) • Simulated CPR and AED use • Live assessment of scenario-based responses

Day 2: Injury Management and Incident Control

- Module 5: Bleeding and Wound Care (07:30 – 09:30) • Treating open wounds, nosebleeds, and embedded objects • Controlling bleeding using bandages and pressure
- Module 6: Fractures and Bone Injuries (09:45 – 11:15) • Identification of fractures, dislocations, and sprains • Immobilization techniques and splinting basics
- Module 7: Head, Eye, and Spinal Injuries (11:30 – 01:00) • Trauma assessment and stabilization • Handling unconscious casualties with suspected spinal injuries
- Module 8: Workshop – Bandaging & Splinting Skills (02:00 – 03:30) • Hyper-realistic simulations for injuries and bleeding

Day 3: Medical Conditions & Final Assessment

- Module 9: Shock, Seizures, and Burns (07:30 – 09:30) • Types of shock and appropriate treatment • Managing seizures and epilepsy • Treatment of burns and scalds
- Module 10: Diabetes, Stroke, and Poisoning (09:45 – 11:15) • Recognition and emergency action plans • Preventative safety in the workplace
- Module 11: Recordkeeping & Legal Considerations (11:30 – 01:00) • Incident documentation and communication with emergency services • Legal protection and responsibilities under first aid law
- Module 12: Final Practical and Written Assessment (02:00 – 03:30) • Performance-based evaluation for NUCO certification

Certification

Participants will receive the NUCO Accredited Level 3 Certificate in First Aid at Work, a recognized UK qualification. This certification confirms the participant’s ability to respond effectively in emergency medical situations and comply with workplace health and safety requirements.

Why Choose MAWA Events

- **Global Expertise:** More than 17 years of experience in professional training and consulting.
- **Industry-Leading Faculty:** Courses delivered by seasoned professionals with hands-on experience.
- **Practical Insights:** Learn to turn theory into actionable strategies for real-world business impact.
- **Client-Focused Solutions:** Customized programs designed to achieve your organisation’s unique goals.

In-House / Customized Training Interested in running this course for your team? Please contact us:	TEL: **+601116373203**	EMAIL: **info@mawaevents.net**

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