

THE PRACTICAL LEADER: DEVELOPING AND LEADING HIGH PERFORMING TEAMS

“Turning Managers into Leaders and Teams into Achievers”

Schedule

Date	Venue	Fees (Face-to-Face)
04 - 08 May 2026	Barcelona, Spain	USD 3495 per delegate

Introduction

Great teams don't just happen—they are built, nurtured, and empowered by practical leaders who lead with clarity, empathy, and vision. In today's fast-moving business environment, effective team leadership is the cornerstone of sustainable success and organizational resilience.

This 5-day immersive training equips participants with the practical leadership tools and behavioral strategies needed to build trust, align goals, boost motivation, and drive peak performance across diverse teams. The course blends leadership theory with action-based learning to help participants apply principles directly to their real-world challenges.

Objectives

By the end of this course, participants will be able to:

- Understand the characteristics and behaviors of high-performing teams
- Adapt leadership styles to suit different personalities and team dynamics
- Build trust, resolve conflicts, and create accountability within teams
- Inspire team alignment around vision, values, and objectives
- Coach individuals for performance and growth using proven techniques

Why Attend

- Develop a leadership style grounded in results and emotional intelligence
- Acquire practical frameworks to lead teams through change and complexity
- Strengthen your ability to influence, delegate, and empower others
- Improve team communication, collaboration, and productivity
- Gain confidence and clarity in your leadership approach

Target Audience

This program is designed for:

- Mid- to senior-level managers and team leaders
- Project and program leaders overseeing cross-functional teams
- Department heads and supervisors in both public and private sectors
- HR professionals and talent developers
- Aspiring leaders preparing for more strategic roles

Individual Benefits

Key competencies that will be developed include:

- Practical leadership and team-building skills
- Conflict resolution and interpersonal effectiveness
- Coaching, feedback, and delegation techniques
- Goal alignment and performance management
- Adaptive leadership in a changing environment

Organizational Benefits

Upon completing the training course, participants will demonstrate:

- Stronger, more collaborative teams delivering higher results
- Reduced conflict and improved engagement within departments
- More confident and capable leadership bench strength
- Better alignment between individual, team, and business objectives
- A leadership culture that drives innovation and accountability

Instructional Methodology

The course follows a blended learning approach combining theory with practice:

- Strategy Briefings - Core leadership principles, team dynamics, and psychology
- Case Studies - Real-world examples of team success and failure
- Workshops - Team-building simulations, coaching practice, and leadership scenarios
- Peer Exchange - Feedback circles and collaborative problem-solving
- Tools - Leadership self-assessments, coaching templates, and team diagnostics

Course Outline

Training Hours: 07:30 AM - 03:30 PM Daily Format: 3-4 Learning Modules | Coffee Breaks: 09:30 & 11:15 | Lunch Break: 01:00 - 02:00

Day 1: The Leader's Role and Team Performance Foundations

- Module 1: Defining High-Performing Teams (07:30 - 09:30) • Team effectiveness models, trust, and clarity
- Module 2: The Practical Leader's Mindset (09:45 - 11:15) • Leading with influence, not authority
- Module 3: Workshop - Leadership Self-Assessment & Goal Setting (11:30 - 01:00) • Personal leadership goals and growth areas

Day 2: Building Trust and Effective Communication

- Module 4: Creating Psychological Safety and Engagement (07:30 - 09:30) • Encouraging openness, feedback, and respect
- Module 5: Communication Styles and Emotional Intelligence (09:45 - 11:15) • Listening, empathy, and clarity under pressure
- Module 6: Workshop - Communication Simulation & Role Plays (11:30 - 01:00) • Handling difficult conversations and conflict

Day 3: Motivation, Accountability, and Goal Alignment

- Module 7: Motivating Diverse Teams (07:30 - 09:30) • Intrinsic vs extrinsic motivation strategies
- Module 8: Holding Teams Accountable (09:45 - 11:15) • Delegation, ownership, and results orientation
- Module 9: Workshop - Accountability Challenge (11:30 - 01:00) • Giving feedback and managing underperformance

Day 4: Coaching and Development for Peak Performance

- Module 10: Coaching Conversations and Performance Feedback (07:30 - 09:30) • GROW model and behavior-based coaching
- Module 11: Career Development and Talent Retention (09:45 - 11:15) • Supporting individual growth within teams
- Module 12: Workshop - Practice Coaching Sessions (11:30 - 01:00) • Peer coaching and real-time feedback

Day 5: Leading Teams Through Change and Beyond

- Module 13: Change Leadership and Team Agility (07:30 - 09:30) • Managing uncertainty and leading transformation
- Module 14: Building a Culture of Innovation and Accountability (09:45 - 11:15) • Sustaining performance through mindset and rituals
- Module 15: Final Workshop - Team Strategy Lab (11:30 - 01:00) • Design a leadership plan for your real-world team

Certification

Participants will receive a Certificate of Completion in The Practical Leader: Developing and Leading High Performing Teams, recognizing their ability to foster team excellence and lead with confidence in diverse organizational settings.

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In-House / Customized Training

Interested in running this course for your team?

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