

## CONSTRUCTION DESIGN & MANAGEMENT REGULATIONS

*“Ensuring Safe, Efficient, and Compliant Construction Projects”*

### Schedule

Date	Venue	Fees (Face-to-Face)
10 - 14 Aug 2026	London - UK	USD 3495 per delegate

► **Available delivery methods:** Face-to-Face & Online Training

### Introduction

This comprehensive 5-day course provides a detailed understanding of CDM Regulations and how they apply to construction projects. Participants will learn to manage health, safety, and welfare throughout the construction process, ensuring compliance and promoting best practices.

### Objectives

By the end of this course, participants will be able to:

- Understand the purpose and scope of CDM Regulations.
- Identify the roles and responsibilities of key duty holders.
- Apply safety and compliance principles throughout project stages.
- Conduct risk assessments and implement control measures.
- Integrate CDM requirements into project planning and execution.

## Why Attend

- Reduce construction project risks and ensure legal compliance.
- Enhance project safety culture and performance.
- Gain practical tools for integrating CDM into daily operations.
- Improve stakeholder collaboration on health and safety matters.
- Build professional expertise in construction management regulations.

## Target Audience

This program is designed for:

- Project managers and construction managers.
- Designers, architects, and engineers.
- Health and safety officers and CDM coordinators.
- Principal contractors and subcontractors.
- Anyone involved in managing construction project risks.

## Individual Benefits

Key competencies that will be developed include:

- Understanding of legal and regulatory frameworks.
- Risk identification, assessment, and mitigation skills.
- Integration of safety measures into design and planning.
- Effective communication with duty holders and stakeholders.
- Application of CDM principles to real-world projects.

## Organizational Benefits

Upon completing the training course, participants will demonstrate:

- Improved safety performance on construction projects.
- Enhanced compliance with CDM Regulations and legal duties.
- Reduced incidents, delays, and costs related to safety issues.
- Strengthened reputation for responsible project management.
- Contribution to a safer, more efficient working environment.

## Instructional Methodology

The course follows a blended learning approach combining theory with practice:

- Expert-led Lectures – Core concepts, regulations, and duties.
- Workshops – Scenario-based applications and group exercises.
- Case Studies – Learning from real-world construction projects.
- Practical Exercises – Risk assessments, safety planning, and documentation.
- Interactive Discussions – Sharing experiences and best practices.

## Course Outline

### Detailed 5-Day Course Outline

**Training Hours:** 7:30 AM – 3:30 PM **Daily Format:** 3 Learning Modules | Coffee breaks: 09:30 & 11:15 | Lunch Buffet: 01:00 – 02:00

#### Day 1: Overview of CDM Regulations

- Module 1: Introduction to CDM Regulations
- Module 2: Duty Holders and Their Responsibilities
- Module 3: Legal and Regulatory Framework

#### Day 2: Project Planning and Risk Management

- Module 1: Integrating CDM into Project Planning
- Module 2: Conducting Effective Risk Assessments
- Module 3: Developing Risk Control Measures

#### Day 3: Design and Construction Safety

- Module 1: Safety in Design Phase
- Module 2: Managing Safety During Construction
- Module 3: Collaboration Between Designers and Contractors

#### Day 4: Documentation and Compliance

- Module 1: Preparing CDM Documentation
- Module 2: Safety Files and Reporting Requirements
- Module 3: Monitoring and Auditing for Compliance

#### Day 5: Best Practices and Continuous Improvement

- Module 1: Lessons Learned from Case Studies
- Module 2: Implementing Safety Culture and Best Practice
- Module 3: Action Planning for Future Projects

## Certification

Participants will receive a Certificate of Completion in Construction Design & Management Regulations, validating their ability to apply CDM principles for safer, compliant construction projects.

## Why Choose MAWA Events

- **Global Expertise:** More than 17 years of experience in professional training and consulting.
- **Industry-Leading Faculty:** Courses delivered by seasoned professionals with hands-on experience.
- **Practical Insights:** Learn to turn theory into actionable strategies for real-world business impact.
- **Client-Focused Solutions:** Customized programs designed to achieve your organisation’s unique goals.

### In-House / Customized Training

Interested in running this course for your team?

Please contact us:

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