

## NEBOSH EXAM PREPARATION WORKSHOP

*"Mastering Knowledge and Exam Techniques for NEBOSH Success"*

### Schedule

Date	Venue	Fees
23 - 27 Aug 2026	Manama, Bahrain	USD 3495 per delegate

► **Available delivery methods:** Face-to-Face & Online Training

### Introduction

The NEBOSH qualification is globally recognized as a benchmark in health and safety competence. This intensive 5-day workshop is specially designed for professionals preparing for the NEBOSH exams. It focuses on revising key syllabus areas, mastering exam techniques, and building the confidence needed to excel.

Led by NEBOSH-certified trainers, the workshop blends detailed revision sessions with mock exams, personalized feedback, and proven strategies for tackling written questions effectively.

### Objectives

By the end of this course, participants will be able to:

- Review core NEBOSH syllabus topics and principles.
- Understand NEBOSH exam formats, question types, and marking schemes.
- Practice answering NEBOSH exam questions confidently and efficiently.
- Identify personal strengths and improvement areas through mock exams.
- Apply structured approaches to maximize exam performance.

## Why Attend

- Focused preparation tailored to NEBOSH certification requirements.
- Access to expert guidance and insider exam tips.
- Hands-on practice through mock exams and case scenarios.
- Clarification of complex or frequently misunderstood topics.
- Boosted confidence and readiness for the official NEBOSH exams.

## Target Audience

This program is designed for:

- Health and safety professionals preparing for NEBOSH exams.
- Safety officers and managers seeking NEBOSH certification.
- Individuals pursuing career advancement in HSE roles.
- Anyone aiming to improve their exam-taking skills and pass NEBOSH successfully.

## Individual Benefits

Key competencies that will be developed include:

- Comprehensive understanding of NEBOSH syllabus areas.
- Enhanced exam strategy and time management skills.
- Improved ability to interpret and respond to NEBOSH exam questions.
- Increased familiarity with marking criteria and examiner expectations.
- Greater self-awareness of exam readiness and areas needing focus.

## Organizational Benefits

Upon completing the training course, participants will demonstrate:

- Readiness to achieve NEBOSH certification and boost organizational compliance.
- Enhanced health and safety knowledge applicable to workplace practices.
- Greater ability to contribute to safety leadership and risk management.
- Improved team competence and credibility in HSE matters.
- Stronger alignment with international health and safety standards.

## Instructional Methodology

The course follows a blended learning approach combining theory with practice:

- Revision Sessions - Systematic review of NEBOSH syllabus content and key concepts.
- Exam Strategy Workshops - Techniques for interpreting and answering exam questions effectively.
- Mock Exams - Practice under timed conditions to simulate the real exam experience.
- Feedback Sessions - Detailed review of mock exam responses with instructor insights.
- Individual Coaching - Tailored advice and tips for overcoming personal challenges.

## MAWA EVENTS

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## Course Outline

### Detailed 5-Day Course Outline

**Training Hours:** 7:30 AM – 3:30 PM **Daily Format:** 3–4 Learning Modules | Coffee breaks: 09:30 & 11:15 | Lunch Buffet: 01:00 – 02:00

#### Day 1: NEBOSH Syllabus Review - Part 1

- Module 1: Introduction to NEBOSH Exams (07:30 – 09:30)
  - Overview of NEBOSH qualifications and exam structures.
  - Understanding what examiners look for.
  - Key success factors in NEBOSH exams.
- Module 2: Managing Health and Safety (09:45 – 11:15)
  - Core principles and legal frameworks.
  - Policy development and organizational responsibilities.
  - Reviewing past exam questions and examiner feedback.
- Module 3: Risk Assessment and Control (01:00 – 03:30)
  - Hazard identification and risk evaluation.
  - Practical applications of risk control measures.
  - Answering scenario-based questions effectively.

#### Day 2: NEBOSH Syllabus Review - Part 2

- Module 1: Monitoring, Reviewing, and Auditing (07:30 – 09:30)
  - Measuring performance and setting KPIs.
  - Effective incident investigation and reporting.
  - Typical exam pitfalls and how to avoid them.
- Module 2: Workplace Hazards and Controls (09:45 – 11:15)
  - Physical, chemical, and biological hazards.
  - Ergonomic and psychosocial risk factors.
  - Best practices for structuring exam answers.
- Module 3: Industry-Specific Applications (01:00 – 03:30)
  - Construction, oil and gas, manufacturing examples.
  - Applying general principles to industry-specific questions.
  - Group exercises on drafting exam-style responses.

#### Day 3: Exam Technique and Mock Practice

- Module 1: Understanding Exam Questions (07:30 – 09:30)
  - Interpreting command words (e.g., explain, outline, describe).
  - Structuring responses to meet marking criteria.
  - Time management tips.
- Module 2: Mock Exam – Part 1 (09:45 – 11:15)
  - Timed practice answering selected exam questions.
  - Focus on high-weightage areas.
- Module 3: Mock Exam Review and Feedback (01:00 – 03:30)
  - Individual and group feedback on answers.
  - Identifying strengths and gaps.
  - Strategies for improvement.

#### Day 4: Deep Dive into Challenging Topics

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**Module 1: Legal and Regulatory Requirements (07:30 – 09:30)**

- International standards and local adaptations.
- Reviewing typical legal-based exam questions.
- **Module 2: Human Factors and Organizational Culture (09:45 – 11:15)**
- Behavioral aspects of health and safety.
- Embedding safety culture within organizations.
- **Module 3: Individual Coaching Sessions (01:00 – 03:30)**
- Personalized review of performance.
- Action plans for final preparation.

**Day 5: Final Exam Preparation**

- **Module 1: Final Mock Exam (07:30 – 09:30)**
- Full-length mock under exam conditions.
- Applying all strategies learned.
- **Module 2: Exam Review and Final Tips (09:45 – 11:15)**
- Final feedback on mock exam performance.
- Recap of key learning points and exam reminders.
- **Module 3: Commitment and Action Planning (01:00 – 03:30)**
- Setting personal study goals.
- Preparing mentally and logistically for exam day.
- Q&A with the instructor.

**Certification**

Participants will receive a Certificate of Completion for NEBOSH Exam Preparation, acknowledging their readiness and commitment to succeed in NEBOSH certification.

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