

CONFINED SPACE RESCUE TRAINING COURSE

“Equipping Teams to Respond Safely and Effectively to Confined Space Emergencies”

Schedule

Date	Venue	Fees
03 Jun 2026	Online	USD 450 per delegate
04 Nov 2026	Online	USD 450 per delegate

► **Available delivery methods:** Face-to-Face & Online Training

Introduction

Confined spaces pose unique hazards that require specialized emergency response procedures. Incidents in these areas—whether due to atmospheric conditions, entrapment, or equipment failure—demand rapid, skilled action to avoid injury or fatality. This course provides participants with the critical knowledge and techniques to execute safe and effective confined space rescues.

Delivered online in an interactive format, the training covers hazard identification, rescue team coordination, equipment use, and emergency scenario planning. It aligns with international best practices and can be adapted to various industries including oil & gas, manufacturing, utilities, and construction.

Objectives

By the end of this course, participants will be able to:

- Identify confined space hazards and evaluate emergency risks
- Understand the legal and regulatory framework for confined space rescue
- Apply key rescue techniques including non-entry and entry-based methods
- Use respiratory protection and retrieval systems appropriately
- Coordinate with rescue teams and communicate under pressure

Why Attend

- Comply with international safety standards (e.g., OSHA, NFPA, ISO)
- Protect personnel working in hazardous, confined environments
- Reduce rescue time and risk of secondary injuries
- Ensure teams are rescue-ready with the right plans and tools
- Gain confidence in handling life-threatening confined space scenarios

Target Audience

This program is designed for:

- HSE Officers and Emergency Response Team Members
- Confined Space Entry Supervisors and Attendants
- Safety and Rescue Coordinators
- Plant and Facility Maintenance Personnel
- Anyone responsible for managing or responding to confined space work

Individual Benefits

Key competencies that will be developed include:

- Hazard recognition and emergency scenario evaluation
- Rescue planning, entry permits, and role assignments
- Practical understanding of rescue equipment and procedures
- Effective incident command and communication during rescue

Organizational Benefits

Upon completing the training course, participants will demonstrate:

- Improved emergency preparedness and response capability
- Reduced risk of fatalities and rescue-related injuries
- Stronger compliance with HSE legislation and audits
- Enhanced employee trust and organizational safety culture

Instructional Methodology

The course follows a blended learning approach combining theory with virtual engagement:

- Strategy Briefings – Hazard identification and regulatory foundations
- Demonstrations – Online visual walkthroughs of rescue equipment and setups
- Workshops – Rescue planning exercises and risk assessments
- Scenario Simulations – Confined space incident response case studies
- Tools – Sample rescue plans, permit templates, and inspection checklists

Course Outline

DETAILED 1-DAY COURSE OUTLINE

Training Hours: 07:30 AM – 03:30 PM **Format:** 4 Learning Modules | Breaks: 09:30 & 11:15 | Lunch Break: 01:00 – 02:00

- **Module 1: Understanding Confined Space Hazards and Regulations (07:30 – 09:30)** • Definition of confined spaces • Common hazards (oxygen deficiency, toxic gases, entrapment) • Applicable standards (OSHA 1910.146, NFPA, ISO)
- **Module 2: Rescue Roles, Responsibilities, and Planning (09:45 – 11:15)** • Types of confined space rescue (non-entry, entry, retrieval) • Rescue team structure and coordination • Developing rescue plans and pre-entry assessments
- **Module 3: Rescue Equipment and PPE Overview (11:30 – 01:00)** • Tripods, harnesses, SCBA, gas detectors, communication tools • Limitations and inspection of rescue gear
- **Module 4: Emergency Response Scenarios and Virtual Simulation (02:00 – 03:30)** • Realistic rescue situations • Team-based decision making and response critique • Final review and action planning

Certification

Participants will receive a Certificate of Completion in Confined Space Rescue, validating their understanding of confined space hazards and the essential steps required to plan and execute safe rescue operations.

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