

OHSAS 18001:2007 HEALTH & SAFETY MANAGEMENT SYSTEM (IRCA CERTIFIED)

“Building a Proactive Safety Culture through Systematic Risk Management”

Schedule

Date	Venue	Fees (Face-to-Face)
26 - 30 Apr 2026	Riyadh - KSA	USD 3495 per delegate
18 - 22 Oct 2026	Riyadh - KSA	USD 3495 per delegate

► Available delivery methods: Face-to-Face & Online Training

Introduction

Occupational Health and Safety Assessment Series (OHSAS) 18001:2007 is a globally recognized standard for managing occupational health and safety risks. Although it has been succeeded by ISO 45001, many organizations still operate under OHSAS 18001 or are in transition. This IRCA-certified training equips professionals with the skills to implement, manage, and audit an effective Health & Safety Management System in accordance with OHSAS 18001:2007 requirements.

This comprehensive 5-day course is ideal for professionals aiming to lead or contribute to H&S initiatives in the workplace. It includes practical tools, interactive workshops, and real-life case studies to develop deep understanding and practical application of the standard.

Objectives

By the end of this course, participants will be able to:

- Interpret and apply the requirements of OHSAS 18001:2007
- Identify and manage occupational health and safety risks and hazards
- Plan, implement, and monitor a compliant H&S Management System
- Prepare for and conduct internal and third-party audits
- Facilitate continual improvement in health and safety performance
- Pass the IRCA H&S auditor certification exam

Why Attend

- Obtain IRCA-recognized certification to enhance your professional credibility
- Gain practical knowledge to lead or support H&S management systems
- Understand how to reduce workplace incidents and ensure compliance
- Improve internal auditing capability and readiness for certification audits
- Develop a proactive approach to hazard identification and risk control

Target Audience

This program is designed for:

- Health and Safety Managers and Officers
- Internal Auditors and HSE Coordinators
- Compliance and Risk Management Professionals
- Operations, Facilities, and Plant Managers
- Professionals seeking IRCA auditor certification in OHSAS 18001

Individual Benefits

Key competencies that will be developed include:

- Interpretation of OHSAS 18001:2007 clauses and structure
- Hazard and risk identification and control strategies
- Designing and implementing H&S policies and procedures
- Internal auditing and nonconformity management
- Communication and leadership in health and safety systems

Organizational Benefits

Upon completing the training course, participants will demonstrate:

- Improved compliance with occupational health and safety regulations
- Reduced workplace incidents and absenteeism
- Enhanced internal auditing and system monitoring capacity
- Support for transition from OHSAS 18001 to ISO 45001 (if needed)
- Development of a strong safety culture aligned with business objectives

Instructional Methodology

The course follows a blended learning approach combining theory with practice:

- Strategy Briefings - Overview of OHSAS 18001 structure, clauses, and intent
- Case Studies - Real-world applications in various industries
- Workshops - Hazard identification, risk assessment, and audit planning
- Peer Exchange - Group discussions on safety challenges and best practices
- Tools - Audit checklists, risk assessment forms, and compliance guides

Course Outline

DETAILED 5-DAY COURSE OUTLINE

Training Hours: 07:30 AM – 03:30 PM **Daily Format:** 3–4 Learning Modules | Coffee breaks: 09:30 & 11:15 | Lunch Buffet: 01:00 – 02:00

Day 1: Foundations of Health & Safety Management

- Module 1: Introduction to OHSAS 18001:2007 (07:30 – 09:30) • Purpose, structure, and scope of the standard • Comparison with ISO 45001 • Integration with other management systems
- Module 2: Context, Policy and Planning (09:45 – 11:15) • Understanding organization context • Developing an H&S policy • Identifying objectives and planning actions
- Module 3: Risk Assessment and Legal Compliance (11:30 – 01:00) • Hazard identification methodologies • Risk evaluation techniques • Legal and other H&S obligations
- Module 4: Workshop – Risk Identification Exercise (02:00 – 03:30) • Interactive risk assessment for selected processes

Day 2: Implementation and Operational Control

- Module 5: Roles, Responsibilities & Competence (07:30 – 09:30) • Management commitment and safety responsibilities • Training and awareness programs • Employee engagement in safety culture
- Module 6: Operational Control & Emergency Preparedness (09:45 – 11:15) • Procedure design for operational safety • Contractor management and change control • Emergency planning and response drills
- Module 7: Communication and Documentation (11:30 – 01:00) • Internal and external communication protocols • Control of documented information • Safety signage and records
- Module 8: Case Study – Safety Incident Analysis (02:00 – 03:30) • Review of a real-life safety incident and lessons learned

Day 3: Monitoring, Audit, and Performance Evaluation

- Module 9: Monitoring and Measuring Safety Performance (07:30 – 09:30) • Leading and lagging indicators • Safety inspections and observation programs • Data collection and analysis
- Module 10: Internal Audit Process (09:45 – 11:15) • Planning and conducting OHSAS 18001 internal audits • Nonconformance, corrective action, and follow-up • IRCA audit criteria and techniques
- Module 11: Management Review and Improvement (11:30 – 01:00) • Structure of an effective management review • Continual improvement processes • Corrective/preventive action tracking
- Module 12: Workshop – Audit Simulation (02:00 – 03:30) • Role-play and mock internal audit exercise

Day 4: IRCA Auditor Requirements and Practical Application

- Module 13: IRCA Auditor Competency Requirements (07:30 – 09:30) • IRCA framework and expectations for auditors • Ethics, impartiality, and professionalism • Personal development plans for auditors
- Module 14: Documentation Review and Audit Planning (09:45 – 11:15) • Audit checklists and document control • Interviewing techniques and evidence gathering • Audit planning scenarios
- Module 15: Writing Audit Reports and Corrective Actions (11:30 – 01:00) • Structuring audit findings and recommendations • Reporting formats • Tracking and verifying corrective actions
- Module 16: Workshop – Writing Audit Findings (02:00 – 03:30) • Participants develop and present audit reports

Day 5: Exam Preparation, Final Review & Certification

- Module 17: Review of Key Learning Areas (07:30 – 09:30) • Summary of standard clauses and implementation challenges
- Module 18: Final Q&A and Mock Exam Preparation (09:45 – 11:15) • Sample questions and exam tips • Clarification of complex topics
- Module 19: IRCA Certification Exam (11:30 – 01:00) • Official proctored exam session
- Module 20: Course Wrap-Up and Certificate Distribution (02:00 – 03:30) • Feedback, next steps, and certification guidance

Certification

Participants will receive the IRCA-Certified Certificate in OHSAS 18001:2007 Health & Safety Management Systems, verifying their expertise in implementing, auditing, and managing occupational health and safety programs aligned with OHSAS 18001 requirements.

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