

PMP EXAM PREPARATION COURSE - PMI ACCREDITED

“Mastering PMI’s PMBOK® Guide and Agile Frameworks to Confidently Pass the PMP Exam and Excel in Project Leadership”

Schedule

Date	Venue	Fees (Face-to-Face)
20 - 24 Apr 2026	Dubai, UAE	USD 3495 per delegate
04 - 08 Oct 2026	Manama, Bahrain	USD 3495 per delegate

► Available delivery methods: Face-to-Face & Online Training

Introduction

The Project Management Professional (PMP®) is the most recognized and respected certification in the field of project management. This PMI-accredited, exam-focused preparation course is aligned with the latest PMP Exam Content Outline, including Agile, Hybrid, and Predictive approaches as detailed in the PMBOK® Guide – 7th Edition and Agile Practice Guide.

Over five days, participants will master key project management domains, processes, and terminology while gaining practical test strategies, practice questions, and instructor-led guidance to boost confidence and success on the PMP exam.

Objectives

By the end of this course, participants will be able to:

- Understand PMP exam domains: People, Process, and Business Environment
- Apply predictive, agile, and hybrid methodologies appropriately
- Use project management tools and best practices aligned with PMI standards
- Navigate PMP exam structure, question types, and application process
- Confidently complete mock exams and identify readiness gaps

Why Attend

- Prepare thoroughly for the PMP exam with an accredited and proven approach
- Master PMI's terminology, frameworks, and process groups
- Get expert insight into Agile, Scrum, and Hybrid project approaches
- Benefit from sample exams, question analysis, and exam strategy coaching
- Increase your credibility, earning potential, and career advancement opportunities

Target Audience

This program is designed for:

- Project managers and coordinators seeking PMP certification
- Team leaders and professionals managing complex projects
- Individuals with project experience preparing for the PMP exam
- PMO staff, engineers, and consultants working in project-based environments
- Professionals seeking formal, internationally recognized project management credentials

Individual Benefits

Key competencies that will be developed include:

- PMP exam readiness and application confidence
- Knowledge of PMI's standard practices and Agile approaches
- Risk, cost, scope, time, and stakeholder management expertise
- Communication, leadership, and team performance in projects
- Ability to select and adapt lifecycle approaches for any project

Organizational Benefits

Upon completing the training course, participants will demonstrate:

- Enhanced project success through certified leadership
- Consistent application of PMI standards across teams and projects
- Improved budgeting, scheduling, and stakeholder engagement
- Agile-readiness and greater adaptability in project environments
- Contribution to organizational maturity in project management

Instructional Methodology

The course follows a blended learning approach combining theory with practice:

- Strategy Briefings - PMP Exam domains, key concepts, and PMI methodology
- Case Studies - Predictive and Agile project scenarios and decision-making
- Workshops - Daily knowledge checks, exam simulation drills, and group discussions
- Peer Exchange - Study tips, learning experiences, and shared PMP challenges
- Tools - PMP mock exams, process charts, exam prep planner, and question debriefs

Course Outline

Training Hours: 07:30 AM - 03:30 PM Daily Format: 3-4 Learning Modules | Coffee Breaks: 09:30 & 11:15 | Lunch Break: 01:00 - 02:00

Day 1: PMP Foundations and Project Environment

- Module 1: PMP Certification Overview & Exam Roadmap (07:30 - 09:30) • PMP eligibility, application, exam format • PMI Talent Triangle and Exam Content Outline
- Module 2: Business Environment Domain (09:45 - 11:15) • Organizational structures, benefits realization, and change management
- Module 3: Workshop - Process Mapping & Role Clarification (11:30 - 01:00) • Understand roles in different environments

Day 2: Process Domain - Planning & Execution

- Module 4: Project Integration and Scope Management (07:30 - 09:30) • Charter, project plan, scope baseline, WBS
- Module 5: Schedule and Cost Management (09:45 - 11:15) • Estimating, critical path, earned value management
- Module 6: Workshop - Agile vs Predictive Planning Drill (11:30 - 01:00) • Case comparison and calculation

Day 3: Risk, Quality, and Procurement

- Module 7: Risk Management and Quality Planning (07:30 - 09:30) • Risk identification, analysis, responses • Quality metrics, assurance, and control
- Module 8: Procurement and Resource Management (09:45 - 11:15) • Contracts, resource allocation, RACI matrix
- Module 9: Workshop - Risk Register and Quality Audit Simulation (11:30 - 01:00) • Create a risk log and quality checklist

Day 4: People Domain - Leadership and Teams

- Module 10: Team Building and Conflict Resolution (07:30 - 09:30) • Leadership styles, motivation theories, Tuckman model
- Module 11: Stakeholder and Communication Management (09:45 - 11:15) • Engagement strategies, communication planning
- Module 12: Workshop - Stakeholder Engagement Plan (11:30 - 01:00) • Role-play and scenario planning

Day 5: Agile, Exam Prep & Mock Review

- Module 13: Agile and Hybrid Project Environments (07:30 - 09:30) • Scrum, Kanban, Lean, servant leadership
- Module 14: PMP Exam Strategy and Mock Test Review (09:45 - 11:15) • Practice questions, time management, traps to avoid
- Module 15: Final Workshop - PMP Exam Simulation & Feedback (11:30 - 01:00) • Full-section mock exam with instructor debrief

Certification

Participants will receive a Certificate of Completion in PMP Exam Preparation - PMI Accredited, validating their readiness for the PMP exam and their proficiency in PMI project management methodologies across predictive, agile, and hybrid environments.

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Interested in running this course for your team?

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