

COACHING FOR EFFECTIVE PROJECT LEADERSHIP: EMPOWERING TEAMS FOR SUCCESS

“Transforming Project Managers into Inspirational Leaders Through Coaching”

Schedule

Date	Venue	Fees (Face-to-Face)
20 - 24 Apr 2026	Dubai, UAE	USD 3495 per delegate

► **Available delivery methods:** Face-to-Face & Online Training

Introduction

Effective leadership is crucial to the success of any project, and the ability to coach and empower teams is a hallmark of exceptional project leaders. This 5-day course is designed to help project managers and leaders develop coaching skills that will enable them to motivate, inspire, and guide their teams toward achieving project goals and exceeding expectations.

Participants will learn how to implement coaching techniques that enhance communication, foster collaboration, and build trust within their teams. By the end of the course, participants will have the tools to empower their teams, improve team performance, and drive the successful delivery of projects.

Objectives

By the end of this course, participants will be able to:

- Understand the principles and benefits of coaching in project management.
- Develop key coaching skills for leading high-performance teams.
- Build trust and rapport with team members to improve collaboration.
- Use coaching techniques to enhance team problem-solving, decision-making, and conflict resolution.
- Empower teams to take ownership of their work and achieve project goals more effectively.

Why Attend

- Learn how to become a transformational leader through coaching techniques.
- Develop the skills to inspire and motivate teams to perform at their best.
- Understand how to create a collaborative, high-trust environment for your project teams.
- Learn how to address and resolve team challenges using coaching methods.
- Gain the ability to empower your team members, helping them grow personally and professionally.
- Enhance your project leadership effectiveness and achieve better project outcomes.

Target Audience

This program is designed for:

- Project managers and leaders seeking to enhance their leadership skills
- Senior managers involved in project oversight and team leadership
- Team leads who want to improve their ability to coach and motivate project teams
- HR professionals and team coaches who want to expand their coaching toolkit for project management
- Any professional looking to develop their ability to lead teams effectively in a project environment

Individual Benefits

Key competencies that will be developed include:

- Stronger leadership capabilities through coaching and empowerment techniques.
- Enhanced communication skills to foster open and effective dialogue with team members.
- Improved ability to manage team dynamics and resolve conflicts using coaching strategies.
- Skills in motivating teams to take responsibility and perform at their highest level.
- Ability to coach for both short-term project success and long-term team development.

Organizational Benefits

Upon completing the training course, participants will demonstrate:

- Improved project team performance through effective coaching and leadership.
- Increased collaboration and communication within project teams, leading to higher efficiency and productivity.
- Reduced conflict and enhanced problem-solving within teams.
- A culture of empowerment and accountability, where team members take initiative and ownership of project outcomes.
- Enhanced project delivery success rates due to the effective development of team capabilities.

Instructional Methodology

The course follows a blended learning approach combining theory with practice:

- Strategy Briefings – Insightful discussions on coaching principles, project leadership, and team empowerment techniques.
- Case Studies – Real-world examples of coaching success stories and challenges in project management.
- Role-Playing – Interactive exercises and role-playing scenarios to practice coaching techniques and leadership styles.
- Peer Exchange – Group discussions and sharing of best practices for coaching and leading teams.
- Tools – Practical tools and templates for implementing coaching strategies in project management environments.

MAWA EVENTS

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Course Outline

Training Hours: 7:30 AM – 3:30 PM Daily Format: 3–4 Learning Modules | Coffee breaks: 09:30 & 11:15 | Lunch Buffet: 01:00 – 02:00

Day 1: Introduction to Project Leadership and Coaching

- Module 1: The Role of a Project Leader (07:30 – 09:30)
- Understanding the role of leadership in project management
- Distinguishing between managing and leading teams in project environments
- Leadership styles and when to apply them in projects
- Module 2: The Power of Coaching in Project Leadership (09:45 – 11:15)
- Defining coaching and its importance in leadership
- Benefits of coaching for team performance and personal growth
- Key coaching principles and how they apply to project management
- Module 3: Developing Trust and Building Rapport with Your Team (11:30 – 01:00)
- Strategies for building trust and rapport with team members
- Creating an open, honest, and supportive communication environment
- How trust impacts team performance and project success

Day 2: Coaching Skills for Project Managers

- Module 1: Active Listening and Powerful Questioning (07:30 – 09:30)
- Developing active listening skills for effective coaching
- Techniques for asking powerful questions that lead to insights and solutions
- Creating a listening culture that encourages open communication
- Module 2: Giving Constructive Feedback (09:45 – 11:15)
- How to give feedback that is specific, actionable, and non-judgmental
- Techniques for delivering both positive and corrective feedback
- Handling difficult feedback situations and fostering a growth mindset
- Module 3: Motivating and Inspiring Your Team (11:30 – 01:00)
- Identifying what motivates different team members
- Strategies for inspiring team members to achieve their potential
- Coaching for individual and team success

Day 3: Developing Problem-Solving and Conflict Resolution Skills

- Module 1: Coaching for Problem-Solving and Decision-Making (07:30 – 09:30)
- Guiding team members through problem-solving techniques
- Helping teams make effective decisions through coaching
- Encouraging creative and critical thinking within teams
- Module 2: Managing Conflict and Difficult Conversations (09:45 – 11:15)
- Identifying common sources of conflict within project teams
- Strategies for resolving conflicts through coaching
- Managing difficult conversations with professionalism and tact
- Module 3: Coaching for Performance Improvement (11:30 – 01:00)
- Setting performance goals and monitoring progress
- Coaching for continuous improvement and achieving high performance
- Tools for assessing team performance and providing guidance for growth

Day 4: Empowering Your Team for Success

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Module 1: Developing Team Ownership and Accountability (07:30 – 09:30)

- Techniques for empowering team members to take ownership of their tasks
- Building a culture of accountability and responsibility
- Encouraging self-leadership within the team

Module 2: Coaching for Career Development and Growth (09:45 – 11:15)

- Helping team members identify and achieve their career goals
- Supporting professional development through coaching
- Creating development plans for individual team members

Module 3: Enhancing Team Collaboration and Cohesion (11:30 – 01:00)

- Coaching for effective teamwork and collaboration
- Fostering team cohesion through shared goals and values
- Strengthening team relationships to achieve project success

Day 5: Leading Change and Sustaining Coaching Impact**Module 1: Coaching for Change Management in Projects (07:30 – 09:30)**

- Leading teams through change with coaching techniques
- Understanding resistance to change and how to address it
- Supporting team members during transitions and project shifts

Module 2: Sustaining Coaching and Leadership Success (09:45 – 11:15)

- Developing strategies for ongoing coaching and leadership development
- Tracking progress and measuring coaching effectiveness
- Building a sustainable coaching culture in your organization

Module 3: Final Review and Action Plan (11:30 – 01:00)

- Review of key coaching strategies and leadership concepts
- Creating an action plan for implementing coaching practices in your project environment
- Final Q&A and feedback

Certification

Upon completing the training course, participants will receive a Certificate of Completion in Coaching for Effective Project Leadership: Empowering Teams for Success, recognizing their ability to apply coaching techniques to enhance team performance and lead successful projects.

Why Choose MAWA Events

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Interested in running this course for your team?

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