

HEALTH SAFETY & ENVIRONMENT TRAINING PROGRAM FOR EXECUTIVE MANAGERS

"Empowering Leadership in Health, Safety, and Environmental Management"

Schedule

| Date | Venue | Fees |
|------------------|------------|-----------------------|
| 17 - 19 Feb 2026 | Kuwait | USD 2495 per delegate |
| 04 - 06 Aug 2026 | Dubai, UAE | USD 2495 per delegate |

► **Available delivery methods:** Face-to-Face & Online Training

Introduction

This 3-day course is designed to equip executive managers with the knowledge and skills required to oversee health, safety, and environmental management effectively within their organizations. As the leaders who influence organizational culture and policy, understanding the intricacies of health, safety, and environmental regulations is crucial to maintaining a safe working environment. The course covers the regulatory frameworks, risk management strategies, and the best practices needed to ensure compliance with local and international standards. It aims to enhance the strategic role of executives in promoting a culture of health, safety, and sustainability across all levels of an organization.

Objectives

By the end of this course, participants will be able to:

- Understand the fundamental principles of health, safety, and environmental management
- Develop and implement effective health and safety policies and procedures
- Identify and assess environmental risks and ensure compliance with environmental regulations
- Lead and motivate teams in creating a safer, more sustainable working environment
- Integrate health, safety, and environmental considerations into business strategy

Why Attend

- Gain in-depth knowledge of health, safety, and environmental regulations
- Learn how to design and implement effective health and safety programs
- Understand the role of executive managers in creating a safety culture
- Enhance your ability to manage environmental risks and ensure compliance
- Build a leadership mindset to foster a culture of health, safety, and environmental awareness

Target Audience

This program is designed for:

- Executive managers and senior leaders in health, safety, and environmental roles
- Safety officers and HSE managers looking to enhance their leadership skills
- Individuals responsible for overseeing health, safety, and environmental management systems
- Senior professionals seeking to align business strategies with safety and sustainability goals

Individual Benefits

Key competencies that will be developed include:

- Strong leadership and decision-making skills in health, safety, and environmental management
- Advanced knowledge of local and international safety and environmental standards
- Ability to implement and enforce safety regulations and best practices
- Skills to identify potential risks and create mitigation strategies
- Enhanced ability to manage safety and environmental teams effectively

Organizational Benefits

Upon completing the training course, participants will demonstrate:

- Improved compliance with health, safety, and environmental regulations
- More efficient risk management strategies to minimize workplace incidents
- Stronger organizational commitment to health, safety, and environmental sustainability
- A safer, healthier workplace with a culture of continuous improvement
- Enhanced reputation with stakeholders through improved safety and environmental management

Instructional Methodology

The course follows a blended learning approach combining theory with practice:

- Strategy Briefings - Overview of HSE regulations, policies, and strategic management
- Case Studies - Real-life examples of successful health, safety, and environmental programs
- Workshops - Practical exercises on risk assessments, policy development, and emergency response plans
- Peer Exchange - Group discussions on challenges in HSE management and shared solutions
- Tools - Templates for HSE policies, risk assessments, and safety audits

Course Outline

Training Hours: 7:30 AM – 3:30 PM **Daily Format:** 3–4 Learning Modules | Coffee breaks: 09:30 & 11:15 | Lunch Buffet: 01:00 – 02:00

Day 1: Introduction to Health, Safety, and Environmental Management

- Module 1: Overview of HSE Management Systems (07:30 – 09:30)
 - Introduction to HSE regulations and frameworks
 - Key principles of health, safety, and environmental management
 - The role of executive managers in HSE leadership
- Module 2: Risk Management in Health, Safety, and Environment (09:45 – 11:15)
 - Identifying health, safety, and environmental risks
 - Assessing and mitigating risks in the workplace
 - Tools for risk analysis and hazard identification
- Module 3: Regulatory Compliance and Best Practices (11:30 – 01:00)
 - International and local HSE regulations
 - Best practices for HSE policy implementation
 - Case studies of regulatory compliance failures and successes

Day 2: Developing and Implementing HSE Policies

- Module 1: Creating a Health, Safety, and Environmental Policy (07:30 – 09:30)
 - Key elements of a successful HSE policy
 - Setting clear objectives and performance indicators
 - Aligning HSE policies with organizational goals
- Module 2: Health and Safety Risk Assessment Techniques (09:45 – 11:15)
 - Conducting health and safety audits
 - Hazardous materials handling and environmental impact assessments
 - Developing risk management strategies for high-risk industries
- Module 3: Leading a Safety Culture (11:30 – 01:00)
 - Promoting a culture of safety at all organizational levels
 - Leadership strategies for engaging employees in safety practices
 - Training and communication techniques for effective safety culture

Day 3: Crisis Management and Sustainability in HSE

- Module 1: Crisis Management and Emergency Response (07:30 – 09:30)
 - Developing crisis management and emergency response plans
 - Simulation of emergency scenarios and decision-making under pressure
 - The role of leadership in managing crises
- Module 2: Environmental Management and Sustainability (09:45 – 11:15)
 - Understanding environmental sustainability and its business benefits
 - Implementing sustainable practices in the workplace
 - Managing environmental impact assessments
- Module 3: Final Review and Action Plan Development (11:30 – 01:00)
 - Recap of key lessons and HSE strategies
 - Developing an actionable HSE improvement plan for your organization
 - Peer group discussions and sharing of strategies

Certification

Upon successful completion of the course, participants will receive a Certificate of Completion in Health, Safety, and Environmental Management, validating their expertise in leading and managing health, safety, and environmental policies and practices within their organization.

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