

## BUILDING EFFECTIVE TEAMS & LEADERSHIP

*“Empowering Leaders to Drive Collaboration, Engagement & Performance”*

### Schedule

| Date             | Venue           | Fees (Face-to-Face)   |
|------------------|-----------------|-----------------------|
| 19 - 20 Aug 2026 | Manama, Bahrain | USD 1995 per delegate |
| 28 - 29 Oct 2026 | Dubai, UAE      | USD 1995 per delegate |

► **Available delivery methods:** Face-to-Face & Online Training

### Introduction

Successful organizations are powered by cohesive teams led by individuals who inspire, influence, and align others toward a shared vision. This course provides practical insights and tools to help managers, supervisors, and team leaders build high-performing teams and strengthen their leadership capabilities.

Participants will explore leadership styles, emotional intelligence, team dynamics, and communication strategies. Through real-world cases and practical exercises, they'll develop actionable plans to foster collaboration, resolve conflicts, and drive performance.

### Objectives

By the end of this course, participants will be able to:

- Understand the characteristics of high-performing teams
- Apply leadership styles suited to different team needs and challenges
- Strengthen team trust, communication, and accountability
- Use motivational techniques to boost engagement and ownership
- Resolve team conflicts and build a culture of collaboration

## Why Attend

- Gain practical tools to lead teams with clarity and confidence
- Understand how to align individual goals with team and organizational objectives
- Develop emotional intelligence and interpersonal influence
- Enhance your ability to coach, mentor, and develop team members
- Drive sustainable performance and morale across functional teams

## Target Audience

This program is designed for:

- Team leaders and supervisors
- Project and operations managers
- Department heads and unit coordinators
- HR and talent development professionals
- Anyone transitioning into a leadership or management role

## Individual Benefits

Key competencies that will be developed include:

- Effective communication and motivation strategies
- Team-building and group problem-solving techniques
- Conflict management and coaching skills
- Leadership self-awareness and adaptability
- Accountability and performance development

## Organizational Benefits

Upon completing the training course, participants will demonstrate:

- Stronger team cohesion and goal alignment
- Improved employee engagement and retention
- Enhanced leadership bench strength and continuity
- Faster resolution of interpersonal and team conflicts
- A more collaborative and productive organizational culture

## Instructional Methodology

The course follows a blended learning approach combining theory with practice:

- Strategy Briefings - Leadership theories, team performance models, and best practices
- Case Studies - Success and failure stories of team leadership from various industries
- Workshops - Role-play, feedback simulations, and team-building exercises
- Peer Exchange - Sharing experiences and leadership challenges
- Tools - Leadership style self-assessments, team development checklists

## Course Outline

Detailed 2-Day Course Outline

**Training Hours: 7:30 AM - 3:30 PM** Daily Format: 3-4 Learning Modules | Coffee breaks: 09:30 & 11:15 | Lunch Buffet: 01:00 - 02:00

### Day 1: Foundations of Team Leadership

- Module 1: Understanding Team Effectiveness (07:30 - 09:30) • Characteristics of successful teams • Stages of team development (Tuckman Model) • Clarifying roles, goals, and team norms
- Module 2: Leadership Styles and Self-Awareness (09:45 - 11:15) • Leadership styles and when to use them • Emotional intelligence and self-leadership • Personal leadership style assessment
- Module 3: Building Trust and Collaboration (11:30 - 01:00) • Creating psychological safety in teams • Trust-building techniques and inclusive communication • Facilitating constructive feedback and open dialogue
- Module 4: Workshop - Team Scenario Simulation (02:00 - 03:30) • Group exercise to resolve a team challenge • Role-based leadership practice and debrief

### Day 2: Leading Teams Through Performance and Change

- Module 1: Motivation and Engagement (07:30 - 09:30) • Understanding drivers of team motivation • Applying recognition and empowerment tools • Linking individual purpose to team vision
- Module 2: Conflict Resolution and Coaching (09:45 - 11:15) • Types of workplace conflict and resolution strategies • Coaching frameworks for team development • Dealing with underperformance and resistance
- Module 3: Leading Through Change and Uncertainty (11:30 - 01:00) • Navigating team dynamics during transitions • Communicating change effectively • Managing stress and team morale
- Module 4: Final Reflection & Leadership Action Plan (02:00 - 03:30) • Participants draft a personal leadership development plan • Peer feedback and certificate presentation

## Certification

Participants will receive a Certificate of Completion in Team Building & Leadership, validating their ability to lead teams effectively, foster collaboration, and drive performance in diverse workplace settings.

## Why Choose MAWA Events

- **Global Expertise:** More than 17 years of experience in professional training and consulting.
- **Industry-Leading Faculty:** Courses delivered by seasoned professionals with hands-on experience.
- **Practical Insights:** Learn to turn theory into actionable strategies for real-world business impact.
- **Client-Focused Solutions:** Customized programs designed to achieve your organisation's unique goals.

### In-House / Customized Training

Interested in running this course for your team?

Please contact us:

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