

ECONOMIC BUBBLES

“Understanding the Rise and Fall of Market Manias and Their Impact on Financial Systems”

Schedule

Date	Venue	Fees (Face-to-Face)
29 - 30 Apr 2026	Dubai, UAE	USD 1995 per delegate

► **Available delivery methods:** Face-to-Face & Online Training

Introduction

Economic bubbles have repeatedly shaped—and shaken—financial systems, markets, and global economies. From the Dutch Tulip Mania to the Dot-Com Crash and the 2008 Global Financial Crisis, these phenomena demonstrate the powerful roles of speculation, herd behavior, and irrational exuberance.

This 2-day course explores the anatomy, psychology, and economic drivers of financial bubbles. Participants will study historical and modern case studies, analyze market signals, and explore regulatory lessons. The course offers critical insights into preventing, identifying, and responding to unsustainable asset inflations before they collapse.

Objectives

By the end of this course, participants will be able to:

- Understand the lifecycle and economic characteristics of bubbles
- Identify the social, psychological, and financial factors behind speculative surges
- Analyze key historical bubbles and draw parallels with modern market behavior
- Recognize early warning signs and systemic risks related to asset overvaluation
- Apply lessons learned to policy, investment, and risk management frameworks

Why Attend

- Gain a deeper understanding of financial market vulnerabilities
- Learn from real-world economic bubble case studies across history
- Strengthen your ability to assess risk in overheated market environments
- Explore the role of regulation, monetary policy, and behavioral finance
- Anticipate consequences of asset mispricing in your investment or policy decisions

Target Audience

This program is designed for:

- Financial analysts, economists, and investment professionals
- Risk managers, regulators, and central bank personnel
- Portfolio managers and corporate finance executives
- Government officials and policy advisors
- Academics and professionals interested in financial history and market dynamics

Individual Benefits

Key competencies that will be developed include:

- Critical analysis of market cycles and speculative behavior
- Understanding of behavioral finance and mass psychology
- Interpretation of macroeconomic and financial indicators
- Risk mitigation and asset allocation in unstable environments
- Strategic thinking regarding market corrections and crashes

Organizational Benefits

Upon completing the training course, participants will demonstrate:

- Improved forecasting of financial risk and systemic exposures
- Better policy and investment decisions grounded in historical insight
- Increased awareness of behavioral pitfalls in organizational decision-making
- Enhanced scenario planning and strategic market assessment
- Strengthened ability to challenge market assumptions and narratives

Instructional Methodology

The course follows a blended learning approach combining theory with practice:

- Strategy Briefings - Economic theory, bubble mechanics, and policy lessons
- Case Studies - In-depth reviews of famous bubbles: Tulip Mania, South Sea, Housing, Dot-Com, Crypto
- Workshops - Asset valuation analysis, crash simulation, and debate sessions
- Peer Exchange - Perspectives from regulators, investors, and economists
- Tools - Bubble warning indicators, valuation metrics, and historical comparison models

Course Outline

Training Hours: 07:30 AM - 03:30 PM Daily Format: 3-4 Learning Modules | Coffee Breaks: 09:30 & 11:15 | Lunch Break: 01:00 - 02:00

Day 1: Anatomy and History of Bubbles

- Module 1: What is an Economic Bubble? (07:30 - 09:30) • Definitions, phases, and mechanics of bubbles • Role of leverage, liquidity, and euphoria
- Module 2: Behavioral Finance and Investor Psychology (09:45 - 11:15) • Cognitive biases, herd behavior, and moral hazard • Case study: Dot-Com Bubble
- Module 3: Workshop - Historical Bubble Analysis (11:30 - 01:00) • Compare bubbles and extract common features

Day 2: Detection, Impact, and Policy Response

- Module 4: Indicators and Warning Signs (07:30 - 09:30) • Valuation ratios, momentum signals, and sentiment indexes • Policy triggers and central bank response
- Module 5: Regulatory and Strategic Response (09:45 - 11:15) • Macroprudential tools and market cooling strategies • Lessons from central banks, IMF, and G20
- Module 6: Workshop - Simulation: Managing Through a Bubble (11:30 - 01:00) • Create a risk mitigation plan for a hypothetical bubble burst

Certification

Participants will receive a Certificate of Completion in Economic Bubbles, confirming their understanding of the structure, warning signs, and lessons of speculative market surges and crashes.

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