

THE THREE DIMENSIONS OF LEADERSHIP

“Unlocking the Full Potential of Leadership through Personal, Interpersonal, and Organizational Mastery”

Schedule

Date	Venue	Fees (Face-to-Face)
20 - 24 Apr 2026	Barcelona, Spain	USD 3495 per delegate

► **Available delivery methods:** Face-to-Face & Online Training

Introduction

Leadership is a multi-dimensional skill that involves not only personal mastery but also the ability to effectively interact with others and drive organizational success. This 5-day course focuses on the three core dimensions of leadership: personal leadership, interpersonal leadership, and organizational leadership. Participants will learn how to develop self-awareness, enhance interpersonal skills, and apply leadership strategies that align with organizational goals. Through practical exercises, case studies, and group discussions, participants will gain the tools and insights needed to elevate their leadership capabilities and positively influence their organizations.

Objectives

By the end of this course, participants will be able to:

- Develop a deep understanding of the three core dimensions of leadership
- Enhance self-awareness and personal leadership effectiveness
- Cultivate strong interpersonal skills to foster better relationships and team dynamics
- Implement organizational leadership strategies to drive change and achieve business goals
- Align personal and interpersonal leadership approaches with organizational vision and values

Why Attend

- Learn the importance of self-awareness and emotional intelligence in leadership
- Improve your ability to manage relationships, resolve conflicts, and inspire your team
- Gain the skills needed to lead and influence at the organizational level
- Learn how to develop and execute leadership strategies that align with business objectives
- Enhance your leadership capabilities across the personal, interpersonal, and organizational dimensions for long-term success

Target Audience

This program is designed for:

- Senior executives, managers, and team leaders
- Professionals in leadership roles who want to enhance their leadership effectiveness
- HR professionals and organizational development specialists
- Entrepreneurs and business owners seeking to improve their leadership skills
- Anyone looking to take their leadership abilities to the next level

Individual Benefits

Key competencies that will be developed include:

- Increased self-awareness and emotional intelligence as a leader
- Enhanced interpersonal communication and conflict resolution skills
- Ability to inspire, motivate, and develop high-performing teams
- Expertise in leading organizational change and aligning teams with business objectives
- Strengthened decision-making abilities and strategic thinking in leadership

Organizational Benefits

Upon completing the training course, participants will demonstrate:

- Improved leadership across all levels of the organization
- Increased ability to lead teams effectively and drive performance
- Stronger alignment of personal leadership styles with organizational goals
- Enhanced capacity to manage change and innovation within the organization
- A culture of leadership excellence that fosters collaboration, trust, and accountability

Instructional Methodology

- Lectures to introduce the three dimensions of leadership and the theories behind them
- Case studies to analyze real-world examples of leadership across personal, interpersonal, and organizational levels
- Interactive discussions to share insights and challenges in leadership
- Group exercises to practice leadership strategies in different organizational contexts
- Workshops to build skills in personal development, team leadership, and organizational management

Course Outline

Training Hours: 07:30 AM - 03:30 PM Daily Format: 3-4 Learning Modules | Coffee Breaks: 09:30 & 11:15 | Lunch Break: 01:00 - 02:00

Day 1: Understanding the Three Dimensions of Leadership

- Module 1: Introduction to Leadership and Self-Awareness (07:30 - 09:30) • Defining leadership and its three core dimensions • The importance of self-awareness and emotional intelligence in leadership • Exploring your personal leadership style and strengths
- Module 2: Personal Leadership Development (09:45 - 11:15) • Identifying personal values and aligning them with leadership actions • Building emotional intelligence: self-regulation, motivation, empathy • Strategies for continuous personal development and growth
- Module 3: Workshop - Developing Your Personal Leadership Plan (11:30 - 01:00) • Participants will create a personal leadership development plan to enhance their leadership effectiveness

Day 2: Interpersonal Leadership - Building Relationships and Team Dynamics

- Module 4: Effective Communication and Relationship Building (07:30 - 09:30) • The role of communication in leadership • Active listening and powerful questioning techniques • Building trust and credibility with your team
- Module 5: Conflict Resolution and Influencing Others (09:45 - 11:15) • Techniques for managing and resolving conflicts within teams • Building and maintaining positive relationships • The art of influencing and motivating others without authority
- Module 6: Workshop - Interpersonal Leadership Skills Practice (11:30 - 01:00) • Participants will engage in role-playing exercises to practice communication, conflict resolution, and influence strategies

Day 3: Organizational Leadership - Aligning Teams with Organizational Goals

- Module 7: Leading Teams and Creating a High-Performance Culture (07:30 - 09:30) • Characteristics of high-performing teams and leaders • Aligning team goals with organizational vision and values • Developing a culture of accountability, collaboration, and innovation
- Module 8: Change Management and Leading Organizational Transformation (09:45 - 11:15) • Principles of change management and leading transformation initiatives • Overcoming resistance to change and fostering buy-in from all levels of the organization • Leading through uncertainty and achieving organizational success
- Module 9: Workshop - Leading Organizational Change (11:30 - 01:00) • Participants will design a change management strategy for a real-world organizational transformation scenario

Day 4: Strategic Leadership - Aligning Leadership with Business Strategy

- Module 10: Strategic Thinking for Leaders (07:30 - 09:30) • Developing a strategic mindset and decision-making skills • Aligning leadership practices with business strategy • Analyzing and anticipating organizational challenges and opportunities
- Module 11: Performance Management and Leadership Accountability (09:45 - 11:15) • Setting clear expectations and measuring leadership effectiveness • Using KPIs to monitor leadership performance and align with organizational outcomes • Holding leaders and teams accountable for performance
- Module 12: Workshop - Strategic Leadership in Action (11:30 - 01:00) • Participants will apply strategic leadership principles to create an action plan for an organization's growth

Day 5: Leadership for the Future - Sustainability and Legacy

- Module 13: Sustainable Leadership and Ethical Decision Making (07:30 - 09:30) • The role of sustainability in leadership • Leading with integrity and creating an ethical organizational culture • Developing leadership practices that have a lasting impact
- Module 14: Building Your Leadership Legacy (09:45 - 11:15) • How to mentor and develop future leaders within your organization • Leaving a leadership legacy: strategies for long-term influence and impact • Creating a personal action plan for sustainable leadership growth
- Module 15: Final Workshop - Crafting Your Leadership Legacy (11:30 - 01:00) • Participants will develop a personal leadership legacy plan and outline their path for continued leadership growth

Certification

Upon successful completion of this course, participants will receive a Certificate of Completion in The Three Dimensions of Leadership, demonstrating their ability to lead across personal, interpersonal, and organizational levels to drive sustainable organizational growth and transformation.

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