

OHSAS 18001 OCCUPATIONAL HEALTH AND SAFETY MANAGEMENT

“Implementing and Auditing Effective OHS Systems to Safeguard Workplace Health and Safety”

Schedule

Date	Venue	Fees (Face-to-Face)
21 - 25 Sep 2026	London, UK	USD 3495 per delegate

► **Available delivery methods:** Face-to-Face & Online Training

Introduction

OHSAS 18001 is an internationally recognized standard for occupational health and safety management systems (OHSMS), designed to help organizations proactively control health and safety risks, improve workplace safety performance, and ensure compliance with relevant legislation. Although OHSAS 18001 has been superseded by ISO 45001, many organizations continue to rely on its core principles and framework for managing risk and fostering a safe work culture.

This 5-day course provides comprehensive training on the structure, implementation, and auditing of OHSAS 18001-based health and safety systems. Participants will gain the skills to establish an OHS policy, identify and assess workplace hazards, apply control measures, and prepare for internal and external audits.

Objectives

By the end of this course, participants will be able to:

- Understand the structure, purpose, and requirements of OHSAS 18001
- Develop and implement an effective OHS management system
- Conduct hazard identification and risk assessments aligned with the standard
- Design corrective and preventive action programs
- Prepare for internal and certification audits of the OHSMS

Why Attend

- To reduce occupational incidents and promote a culture of safety
- To comply with regulatory and contractual HSE obligations
- To systematically manage health and safety risks in all operations
- To prepare for a transition to ISO 45001 while retaining OHSAS 18001 principles
- To enhance your organization's reputation for health and safety excellence

Target Audience

This program is designed for:

- HSE managers, officers, and auditors
- Safety engineers and compliance coordinators
- Operations and site managers responsible for workforce safety
- Internal auditors and management system specialists
- Anyone involved in implementing or maintaining an OHSAS 18001-compliant system

Individual Benefits

Key competencies that will be developed include:

- OHSMS planning, implementation, and evaluation
- Risk identification and control procedures
- Incident investigation and root cause analysis
- Internal auditing and continual improvement
- Policy development and legal compliance tracking

Organizational Benefits

Upon completing the training course, participants will demonstrate:

- Improved health and safety performance through proactive management
- Reduced workplace accidents, legal liability, and downtime
- Stronger internal auditing and documentation practices
- Enhanced workforce engagement and safety awareness
- Alignment with international best practices and a foundation for ISO 45001 upgrade

Instructional Methodology

The course follows a blended learning approach combining theory with practice:

- Strategy Briefings - Clause-by-clause review of OHSAS 18001
- Case Studies - Safety incidents, audit findings, and system failures
- Workshops - Risk assessment, policy drafting, and audit planning
- Peer Exchange - Discussion of real-world safety challenges and system gaps
- Tools - OHSAS checklists, audit templates, hazard registers, and compliance matrices

Course Outline

Detailed 5-Day Course Outline

Training Hours: 7:30 AM - 3:30 PM Daily Format: 3-4 Learning Modules | Coffee breaks: 09:30 & 11:15 | Lunch Buffet: 01:00 - 02:00

Day 1: Introduction to OHSAS 18001 and HSE Management Systems

- Module 1: Overview of OHS Standards and Frameworks (07:30 - 09:30) • Evolution of OHSAS 18001 and transition to ISO 45001 • Key terms, definitions, and system requirements
- Module 2: OHS Policy and Planning (09:45 - 11:15) • Developing an OHS policy • Legal and regulatory considerations • Objectives, targets, and planning for hazard control
- Module 3: Identifying Hazards and Assessing Risks (11:30 - 01:00) • Risk assessment methodology • Job safety analysis (JSA) and hazard registers
- Module 4: Workshop - Drafting an OHS Policy (02:00 - 03:30) • Create an OHS policy for your organization

Day 2: Implementation and Operational Controls

- Module 1: Roles, Responsibilities, and Competence (07:30 - 09:30) • Organizational structure and accountability • Training, awareness, and communication
- Module 2: Operational Controls and Emergency Preparedness (09:45 - 11:15) • Safe systems of work and permit systems • Emergency planning and drills
- Module 3: Documented Information and Control (11:30 - 01:00) • Procedures, forms, and recordkeeping • Document control systems
- Module 4: Case Study - Operational Control Failures (02:00 - 03:30) • Analyze a real-world HSE breakdown

Day 3: Performance Evaluation and Internal Audits

- Module 1: Monitoring and Measurement (07:30 - 09:30) • Safety KPIs, leading/lagging indicators • Workplace inspections and safety observations
- Module 2: Internal Audits and Audit Programs (09:45 - 11:15) • Audit planning, execution, and follow-up • Interviewing, evidence gathering, and reporting
- Module 3: Incident Investigation and Nonconformity (11:30 - 01:00) • Root cause analysis techniques (5 Whys, Fishbone) • Corrective and preventive actions
- Module 4: Workshop - Develop an Internal Audit Checklist (02:00 - 03:30) • Create audit criteria for OHSAS compliance

Day 4: Management Review and Continual Improvement

- Module 1: Management Review Inputs and Outputs (07:30 - 09:30) • Evidence-based decision-making • Performance review and future planning
- Module 2: Continual Improvement and Culture Building (09:45 - 11:15) • Behavior-based safety • Safety culture maturity models
- Module 3: Preparing for External Certification (11:30 - 01:00) • Certification body expectations • Managing the audit process
- Module 4: Simulation - Certification Readiness Gap Analysis (02:00 - 03:30) • Evaluate current system against certification criteria

Day 5: Integration, Case Scenarios, and Roadmapping

- Module 1: Integrating OHSAS with ISO Systems (07:30 - 09:30) • ISO 14001 and ISO 9001 integration • Process alignment and shared documentation
- Module 2: Case Scenario Analysis - Incident Response and Review (09:45 - 11:15) • Apply learning to a simulated OHS incident scenario
- Module 3: Transitioning to ISO 45001 (11:30 - 01:00) • Key changes and alignment strategies • Timeline and resource planning
- Module 4: Final Presentations and Certification (02:00 - 03:30) • Participant roadmaps and feedback • Certification ceremony

Certification

Participants will receive a Certificate of Completion in OHSAS 18001 Occupational Health and Safety Management, confirming their ability to implement, manage, and audit workplace safety systems based on the OHSAS 18001 framework.

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