MAWA EVENTS

Address: No. 857, Block A2. Leisure Commerce Square - No 9., 46150 Petaling Jaya, Selangor, Malaysia

Phone: +601116373203 | **Email:** info@mawaevents.net

FIRST AID, CPR, & AED CERTIFICATION TRAINING

"Learn Life-Saving Skills and Emergency Response Techniques with Internationally Recognized Certification"

Schedule

Date	Venue	Fees
05 – 06 Feb 2026	Dubai, UAE	USD 1995 per delegate
04 – 05 Oct 2026	Doha, Qatar	USD 1995 per delegate

► **Available delivery methods:** Face-to-Face & Online Training

Introduction

Emergencies can occur anytime and anywhere—from the workplace to public spaces—and timely first aid can mean the difference between life and death. This hands-on certification course provides participants with the critical knowledge and practical skills to respond confidently in medical emergencies.

Over two days, participants will be trained in first aid basics, cardiopulmonary resuscitation (CPR), and the use of automated external defibrillators (AED). The course follows international guidelines (AHA/Red Cross standards) and includes simulation exercises, practical assessments, and certification on successful completion.

Objectives

By the end of this course, participants will be able to:

- Recognize medical emergencies such as cardiac arrest, choking, bleeding, and shock
- Perform high-quality CPR for adults, children, and infants
- Use an AED safely and effectively in emergency scenarios
- Apply basic first aid techniques for wounds, burns, fractures, and other injuries
- Manage an emergency scene while waiting for medical responders
- Complete all assessment components for international certification

MAWA EVENTS

Address: No. 857, Block A2. Leisure Commerce Square - No 9., 46150 Petaling Jaya, Selangor, Malaysia

Phone: +601116373203 | **Email:** info@mawaevents.net

Why Attend

- Gain the confidence and ability to respond to life-threatening emergencies
- Earn an internationally recognized certification valid for 2 years
- Learn through practical, scenario-based training led by certified instructors
- Meet workplace safety and emergency preparedness requirements
- Save lives by knowing what to do when seconds count

Target Audience

This program is ideal for:

- Safety officers, supervisors, and emergency response team members
- Teachers, office staff, and public-facing personnel
- Construction, industrial, and facility workers
- HR, compliance, and training managers
- Anyone seeking formal CPR/first aid certification

Individual Benefits

Key competencies that will be developed include:

- Emergency scene management and basic triage
- CPR and AED use for adults, children, and infants
- Bandaging, bleeding control, and wound care
- Treatment of burns, fractures, and heat/cold-related injuries
- Responding to choking, seizures, and allergic reactions

Organizational Benefits

Upon completing the training course, participants will demonstrate:

- Increased on-site safety and emergency readiness
- Compliance with health and safety regulations (e.g., OSHA, ISO)
- Reduced risk of fatal outcomes during medical emergencies
- Stronger organizational emergency response culture
- Better coordination between staff and emergency services

Instructional Methodology

The course follows an engaging, practice-based structure:

- Instructor Demonstrations – CPR techniques, AED use, and wound care
- Scenario-Based Drills – Simulated medical emergencies and response
- Hands-On Skills Stations – Practice with mannequins and AED trainers
- Peer Learning – Group exercises and guided feedback
- Assessment – Practical evaluation and written quiz for certification

MAWA EVENTS

Address: No. 857, Block A2. Leisure Commerce Square - No 9., 46150 Petaling Jaya, Selangor, Malaysia

Phone: +601116373203 | **Email:** info@mawaevents.net

Course Outline

DETAILED 2-DAY COURSE OUTLINE

Training Hours: 7:30 AM – 3:30 PM Daily Format: 3–4 Learning Modules | Coffee breaks: 09:30 & 11:15 | Lunch Buffet: 01:00 – 02:00

Day 1: First Aid & Emergency Response Basics

- Module 1: Principles of First Aid & Scene Safety (07:30 – 09:30) • Emergency scene assessment and initial actions • Activating EMS and assessing responsiveness
- Module 2: Common Medical Emergencies (09:45 – 11:15) • Seizures, diabetic reactions, asthma, and allergic reactions • Poisoning and environmental emergencies
- Module 3: Bleeding, Wounds, and Burns (11:30 – 01:00) • Types of wounds, control methods, and bandaging • Burn classification and treatment
- Module 4: Workshop – Bandaging & Wound Care Simulation (02:00 – 03:30) • Participants apply first aid to simulated injuries

Day 2: CPR and AED Certification

- Module 1: Introduction to CPR (07:30 – 09:30) • Chain of survival and CPR basics • Adult, child, and infant CPR sequences
- Module 2: Using an AED (09:45 – 11:15) • AED setup, pad placement, and safety precautions • AED troubleshooting and voice prompts
- Module 3: Choking and Breathing Emergencies (11:30 – 01:00) • Heimlich maneuver (adult/child/infant) • Rescue breathing techniques
- Module 4: Certification Assessment & Wrap-Up (02:00 – 03:30) • Hands-on skills test and written quiz • Feedback, certification awarding, and closing

Certification

Participants who successfully complete the course will receive an International Certificate in First Aid, CPR, & AED, valid for 2 years, demonstrating their competence in emergency medical response.

Why Choose MAWA Events

- **Global Expertise:** More than 17 years of experience in professional training and consulting.
- **Industry-Leading Faculty:** Courses delivered by seasoned professionals with hands-on experience.
- **Practical Insights:** Learn to turn theory into actionable strategies for real-world business impact.
- **Client-Focused Solutions:** Customized programs designed to achieve your organisation’s unique goals.

In-House / Customized Training Interested in running this course for your team? Please contact us:	TEL: **+601116373203**	EMAIL: **info@mawaevents.net**

Follow us: **Facebook** **Twitter** **YouTube** **LinkedIn** **Instagram**

© Material published by MAWA Events shown here is copyrighted. All rights reserved. Any unauthorized copying, distribution, use, dissemination, downloading, storing (in any medium), transmission, reproduction or reliance in whole or any part of this course outline is prohibited and will constitute an infringement of copyright.