

ADAPTIVE (AGILE) PROJECT MANAGEMENT

“Managing Uncertainty, Speed, and Stakeholder Needs through Agile Project Approaches”

Schedule

Date	Venue	Fees (Face-to-Face)
22 – 23 Jan 2026	Kuala Lumpur, Malaysia	USD 1995 per delegate

Introduction

In fast-paced and constantly evolving environments, traditional project management approaches often fall short. Adaptive (Agile) Project Management is designed to equip professionals with the mindset, tools, and frameworks needed to manage change, deliver value incrementally, and engage stakeholders throughout the project lifecycle.

This 2-day course provides practical guidance on Agile methods such as Scrum, Kanban, and hybrid models, with a focus on managing risk, promoting collaboration, and accelerating delivery. Participants will learn how to plan, execute, and monitor projects adaptively while fostering transparency, innovation, and team accountability.

Objectives

- By the end of this course, participants will be able to:
- Apply advanced negotiation strategies and frameworks
 - Understand the principles and values of Agile and Adaptive Project Management
 - Apply key Agile frameworks like Scrum and Kanban to real project scenarios
 - Define product backlogs, sprint plans, and adaptive project roadmaps
 - Manage stakeholder expectations through iterative delivery and transparency
 - Facilitate team collaboration, stand-ups, retrospectives, and reviews
 - Measure progress using Agile metrics such as velocity, burndown, and throughput

Why Attend

- Shift from rigid plans to flexible, value-driven project delivery
- Increase project visibility, collaboration, and client satisfaction
- Respond faster to changes in scope, risk, and market conditions
- Deliver working solutions earlier and more frequently
- Build cross-functional team ownership and continuous improvement

Target Audience

This program is designed for:

- Project managers, team leaders, and PMO professionals
- Product owners and business analysts
- IT, software, and engineering professionals
- Operations, HR, and marketing project leads
- Anyone transitioning from traditional to Agile project environments

Individual Benefits

Key competencies that will be developed include:

- Agile planning and backlog management
- Iterative delivery and stakeholder engagement
- Risk management in adaptive projects
- Leadership in collaborative environments
- Metrics and tools for Agile project tracking

Organizational Benefits

Upon completing the training course, participants will demonstrate:

- Faster and more reliable project delivery
- Greater customer alignment and feedback cycles
- Reduced waste through focused scope and priorities
- Stronger team cohesion and accountability
- A scalable foundation for broader Agile adoption

Instructional Methodology

The course follows a blended learning approach combining theory with practice:

- Agile framework briefings and real-world examples
- Interactive exercises using Scrum and Kanban boards
- Team-based simulations and retrospectives
- Tools such as user stories, story points, and sprint planning
- Action planning and group discussion

Course Outline

Detailed 2-Day Course Outline

Training Hours: 7:30 AM – 3:30 PM Daily Format: 3–4 Learning Modules | Coffee breaks: 09:30 & 11:15 | Lunch Buffet: 01:00 – 02:00

Day 1: Foundations of Adaptive Project Management

- **Module 1: Agile Principles and Mindset (07:30 – 09:30)**
 - The Agile Manifesto and values
 - Adaptive vs. predictive approaches
 - When to use Agile methods
- **Module 2: Agile Frameworks in Practice (09:45 – 11:15)**
 - Scrum roles, events, and artifacts
 - Kanban boards, WIP limits, and flow
 - Hybrid and scaling models (SAFe, Disciplined Agile)
- **Module 3: Planning Agile Projects (11:30 – 01:00)**
 - Creating the product backlog and user stories
 - Estimating using story points and planning poker
 - Release planning and roadmaps
- **Module 4: Workshop – Sprint Planning Simulation (02:00 – 03:30)**
 - Teams plan a 2-week sprint and define success metrics

Day 2: Execution, Metrics, and Continuous Delivery

- **Module 5: Executing Agile Projects (07:30 – 09:30)**
 - Daily stand-ups and sprint reviews
 - Cross-functional teamwork and servant leadership
 - Managing change mid-sprint
- **Module 6: Measuring Progress and Performance (09:45 – 11:15)**
 - Velocity, burndown charts, and team health indicators
 - Monitoring risks and impediments
 - Continuous integration and delivery (CI/CD) basics
- **Module 7: Agile Retrospectives and Improvement (11:30 – 01:00)**
 - Retrospective structure and facilitation
 - Driving process improvements
 - Agile maturity and team development
- **Module 8: Final Simulation – Adaptive Project Planning Challenge (02:00 – 03:30)**
 - Teams present an adaptive project plan
 - Peer feedback and certification wrap-up

Certification

Participants will receive a **Certificate of Completion in Adaptive (Agile) Project Management** , recognizing their ability to lead projects with agility, responsiveness, and value-focused execution.

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