

FIRST AID AT WORK FOR CONSTRUCTION

“Critical Skills for Immediate Response and Site Safety Compliance”

Schedule

Date	Venue	Fees (Face-to-Face)
14 - 15 Jan 2026	Doha, Qatar	USD 1995 per delegate
20 - 21 May 2026	Doha, Qatar	USD 1995 per delegate
04 - 05 Nov 2026	Doha, Qatar	USD 1995 per delegate
09 - 10 Dec 2026	Doha, Qatar	USD 1995 per delegate

► Available delivery methods: Face-to-Face & Online Training

Introduction

Construction sites are high-risk environments where injuries and medical emergencies can occur suddenly. Having trained first aid responders on-site is not only a regulatory requirement but also a crucial element of workplace safety and incident response. This focused two-day course equips participants with the knowledge and hands-on skills needed to respond effectively to accidents, injuries, and life-threatening situations commonly encountered on construction sites. Aligned with international best practices and construction safety guidelines, this program helps organizations maintain compliance and save lives.

Objectives

By the end of this course, participants will be able to:

- Recognize common construction-related injuries and health risks
- Apply appropriate first aid techniques in workplace scenarios
- Manage emergencies such as bleeding, fractures, and cardiac arrest
- Perform CPR and operate an AED (Automated External Defibrillator)
- Assess situations quickly and make informed decisions
- Communicate with emergency responders and document incidents
- Comply with occupational first aid and construction safety regulations.

Why Attend

- Gain confidence to provide life-saving care in critical situations
- Reduce response time and injury severity on construction sites
- Meet workplace health and safety compliance standards
- Learn from construction-specific case scenarios and simulations
- Empower your safety teams and site supervisors with vital skills.

Target Audience

This program is designed for:

- Construction Site Workers and Supervisors
- HSE and Safety Officers
- Equipment and Machinery Operators
- Site Managers and Project Leaders
- First Responders and Emergency Preparedness Teams.

Individual Benefits

Key competencies that will be developed include:

- First aid response and patient care
- Emergency scene control
- Construction-specific trauma handling
- CPR and AED usage
- Legal awareness and incident documentation

Organizational Benefits

Upon completing the training course, participants will demonstrate:

- Reduced workplace injury impact and recovery time
- Stronger compliance with labor and construction HSE standards
- Better prepared on-site teams during critical events
- Improved overall safety culture and worker confidence
- Enhanced coordination with emergency services and inspections.

Instructional Methodology

The course follows a blended learning approach combining theory with practice:

- Instructor-led demonstrations and scenario simulations
- Realistic site-based case studies
- Hands-on practice with bandaging, CPR, and AED
- Group discussions and role-playing

Course Outline

Detailed 2-Day Course Outline

Training Hours: 7:30 AM – 3:30 PM Daily Format: 2–3 Learning Modules | Coffee breaks: 09:30 & 11:15 | Lunch Buffet: 01:00 – 02:00

Day 1: Fire Risk Assessment Foundations

- Module 1: Fire Risk Principles and Regulatory Frameworks (07:30 – 09:30)
 - Fire triangle and behavior fundamentals
 - Key international standards (NFPA, ISO, OSHA)
- Module 2: Fire Hazard Identification Techniques (09:45 – 11:15)
 - Sources of ignition, fuel loads, and oxygen availability
 - Vulnerable people, assets, and operational risks
- Module 3: Fire Risk Evaluation and Prioritization (11:30 – 01:00)
 - Likelihood and consequence scoring systems
 - Risk matrices and ranking models
- Module 4: Practical Exercise – Hazard Mapping Simulation (02:00 – 03:30)
 - Group workshop: site-based hazard identification case

Day 2: Practical Application and Risk Control Planning

- Module 5: Fire Protection Systems and Control Measures (07:30 – 09:30)
 - Passive and active fire protection strategies
 - Emergency response equipment and evacuation routes
- Module 6: Conducting and Documenting a Fire Risk Assessment (09:45 – 11:15)
 - Checklist development
 - Assessment reporting templates and structure
- Module 7: Group Walkthrough Assessment (11:30 – 01:00)
 - Live simulation of fire risk identification and control recommendation
- Module 8: Presentation of Findings and Course Wrap-Up (02:00 – 03:30)
 - Group presentations
 - Instructor feedback and certification briefing

Certification

Participants who complete the program will receive a First Aid at Work for Construction, recognizing the development of practical and strategic financial expertise.

Why Choose MAWA Events

- **Global Expertise:** More than 17 years of experience in professional training and consulting.
- **Industry-Leading Faculty:** Courses delivered by seasoned professionals with hands-on experience.
- **Practical Insights:** Learn to turn theory into actionable strategies for real-world business impact.
- **Client-Focused Solutions:** Customized programs designed to achieve your organisation’s unique goals.

In-House / Customized Training

Interested in running this course for your team?

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